



830 South Fourth Street  
Watseka, IL 60970  
815.432.7768



# Volunteers Needed

We are seeking caring people who are interested in a rewarding opportunity. Our volunteers profoundly affect the quality of our resident's lives. Volunteers perform a variety of duties that include companionship, socialization, game playing and much more! Contact Jade, Activity Director, at 815.432.7920 if you are interested in volunteering.

**COVID-19 Update:** We continue to allow our residents to visit with their family and friends! Visitations are no longer time restricted nor is there a limit on number of visitors. Visits no longer need to be scheduled. Visitors and residents may touch, but surgical masks are mandatory at all times. Visitors may not wander the facility or come within 6 feet of other residents. If you are unable to visit in person, we still welcome virtual visits and phone calls anytime!

# The Golden Pages

IROQUOIS RESIDENT HOME NEWSLETTER

December 2021



## Holiday Celebrations

November came and went so fast it made our heads spin! We celebrated Veteran's Day with State Representative Tom Bennett, some members of our local VFW, our resident Veterans, and their families. We were finally allowed to relax some restrictions in the resident home which has been a welcomed relief. On Thanksgiving, many residents were happy to go home for a while and spend the holiday with their families. Our residents who spent time with us on Thanksgiving got a full Thanksgiving meal, as well as had the opportunity all day long to participate in Thanksgiving themed activities. Their favorite Thanksgiving activities were watching the Macy's Thanksgiving Day Parade, watching a demonstration on making hashbrown casserole, and shooting at milk jug turkeys they had made with nerf guns!



## Donations Requested

We always welcome donations for our Bingo prizes. Popular prizes include small bags of chips and puffed corn, candy, mints (especially the type that melt in your mouth) and word search books. If you do not feel like shopping for the prizes yourself, monetary donations to go towards bingo prizes are happily accepted as well. Donations can be dropped off any day.





## Holiday Meals

There have been some changes made to allow you to spend time with your loved one. Providing the Covid Positivity Rate remains low and we do not have an active outbreak or you have not been around anyone positive with COVID, you may join your loved one for a meal in the facility. You may also take your loved one out for a family outing, we just ask that you be cognizant of exposure and keep in mind that if you have an outbreak from your family outing, you risk an outbreak for 30 elderly residents in our Facility. If you keep your loved one out for a 24-hour period, then they will need to be quarantined for 14 days upon their return. While we want you to spend quality time with your loved ones during the holidays, we just ask that you are smart in regards to any possible exposure.



## Christmas Approaching

We are planning on having a Christmas party on December 24th for the residents. We request that each resident's family bring in one wrapped present for their loved one to open at the party with their friends. Please have your present dropped off no later than December 17. Unfortunately, due to Covid-19 we are unable to invite family members to join in for the Christmas party. However, we are anticipating a live stream option for families who would like to join in to see the festivities!

Additionally, with cold weather here, please provide a coat and exchange summer clothing for winter clothing. Even though our facility stays warm throughout the winter, occasionally our residents leave to go to doctors appointments, family visits, bus rides, etc. and we would like to ensure their comfort in those situations.



## DECEMBER 2021 ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Church 2:00 - Christmas Caroling 4 - Twister Toss 6 - Bedtime Bingo!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Bible Study 1:30 - Make Decorative Lollipops 3:15 - Balloon Volleyball 6:00 - New Game: Facedown	Viann's 79th Birthday 9:00 - Fitness Fun 9:45 - Advent Activity 11:00 - Viann's Birthday Party 12:30 - Paper Gingerbread Decorations 2:00 - Make Christmas Lights Garland 4:00 - Wii Bowling 6:00 - Trivia Night!	9:00 - Morning Stretches 10:00 - Bingo! 11:00 - Pass Out Weekend Wordsearch 12:00 - Make Beaded Candy Canes with Pipe Cleaners 1:30 - Advent Activity 3:00 - Noodleball 4:00 - Uno
5	6	7	8	9	10	11
12:15 - Advent Activity 1:30 - Decorate Ornaments 2:45 - Movie Matinee: The Holiday (Netflix)	9:00 - Morning Stretches 10:00 - Bingo! 12:30 - Advent Activity 2:00 - Croon and Carols 4:00 - Watercolor Painting 6:00 - Bunco!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Nail Boutique 2:00 - Group Puzzle 4:00 - Uno 6:00 - Dominos	9:00 - Morning Stretches 9:45 - Advent Activity 12:45 - Foam Door Decor 12:45 - Bus Ride 2:00 - Whiteboard Games 4 - Decorate Paper Ugly Sweaters 6 - Bedtime Bingo!	9:00 - Morning Stretches 9:45 - Felt Poinsettia Craft 12:30 - Bible Study 1:30 - Advent Activity 3:15 - Balloon Volleyball 6:00 - Facedown	ALL DAY HOLIDAY PARTY 9:00 - Fitness Fun 9:45 - Christmas Minute to Win It Games with Staff 11:00 - Holiday Party Potluck 12:30 - Church 2:00 - Christmas Caroling 4:00 - Announce Christmas Candy Jar Winner 4:05 - Advent Activity 6:00 - Trivia Night!	Tony's 96th Birthday 9:00 - Morning Stretches 10:00 - Bingo! 11:00 - Tony's Birthday Party 12:00 - Whats In the Stocking 1:30 - Advent Activity 3:00 - Uno 4:00 - Noodleball
12	13	14	15	16	17	18
9:15 - Advent Activity 10:00 - Make Christmas Cream Cheese Candies 12:30 - Movie Matinee: A Christmas Carol (Disney +)	9:00 - Morning Stretches 10:00 - Bingo! 12:30 - Advent Activity 2:00 - Croon and Carols 4:00 - Make Jingle Bell Ball 6:00 - Bunco!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Nail Boutique 2:00 - Whiteboard Games 3:00 - Uno 6:00 - Dominos	9:00 - Morning Stretches 9:45 - Advent Activity 12:45 - Noodleball 12:45 - Bus Ride 2:00 - Watercolor Painting 4:00 - Finish the Proverbs 6:00 - Bedtime Bingo!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Bible Study 1:30 - Cookies and Hot Cocoa Social 3:15 - Wii Bowling 6:00 - Facedown	9:00 - Fitness Fun 9:45 - Advent Activity 12:30 - Church 2:00 - Resident Council 4:00 - Trivia Fun! 6:00 - Christmas Lights Bus Tour	9:00 - Morning Stretches 10:00 - Bingo! 12:00 - Popsicle Stick Fireplace Ornament Craft 1:30 - Advent Activity 3:00 - Uno 4:00 - Facedown
19	20	21	22	23	24	25
Dan's 77th Birthday 12:15 - Dan's Birthday Party 1:30 - Advent Activity 2:45 - The Santa Clause (Disney +)	9:00 - Morning Stretches 10:00 - Bingo! 12:30 - Advent Activity 2:00 - Croon and Carols 3:00 - Uno 6:00 - Bunco!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Nail Boutique 2:00 - Whiteboard Games 4:00 - Paper Plate Christmas Trees 6:00 - Dominos	9:00 - Morning Stretches 9:45 - Advent Activity 12:45 - Twister Toss 12:45 - Bus Ride 2:00 - Make Christmas Greeting Cards 4 - Wii Bowling 6 - Bedtime Bingo!	9:00 - Morning Stretches 9:45 - Advent Activity 12:30 - Bible Study 1:30 - Crossword Puzzle 3:15 - Balloon Volleyball 6:00 - Facedown	Christmas Eve WEAR A CHRISTMAS SHIRT 9:00 - Fitness Fun 9:45 - Advent Activity 12:30 - Church 2:00 - Christmas Party! 4:00 - Christmas Trivia!	Christmas! 9:00 - Christmas Cookie Decorating 10:00 - Christmas Bingo 12:00 - Movie Matinee - Christmas on the Square 1:30 - Reindeer Target Practice with Nerf Guns 3:00 - Christmas Whiteboard Games 4:00 - Pin the Decoration on the Tree
26	27	28	29	30	31	
9:15 - Coffee and Coloring 10:00 - Make Peppermint Bark 12:30 - Home Alone (Disney +)	9:00 - Morning Stretches 10:00 - Bingo! 12:30 - Whiteboard Games 1:30 - Sing Along 3:00 - Uno 4:00 - Independent Leisure: Crossword Puzzle 6:00 - Bunco!	9:00 - Morning Stretches 9:45 - Watercolor Painting 12:30 - Independent Leisure - Dominos 1:30 - Nail Boutique 4:00 - Uno 6:00 - Dominos	9:00 - Morning Stretches 9:45 - Whiteboard Games 12:45 - Facedown 12:45 - Bus Ride #1 2:00 - Reminisce 3:00 - Wii Bowling 4 - Group Puzzle 6 - Bedtime Bingo!	9:00 - Morning Stretches 9:45 - Morning Matinee: The Lone Ranger 12:30 - Sing Along 1:30 - The Price is Right 3:00 - Advent Activity 6:00 - Facedown	New Years Eve 9:00 - Fitness Fun 9:45 - Decorate Party Hats 12:30 - Church 2:00 - New Years Bingo 4:00 - Decorate Clock Sugar Cookies 6:00 - New Years Toast	