

## Getting to know Tamara Flammond, Hospice/Home Health Unit Secretary



- Tamara started in December of 2024. She is originally from Kankakee but now resides in Milford. She has been blessed a dozen times with her 6 grown children, three sons and three daughters, and then again with six grandchildren, three grandsons and three granddaughters. With that, she chuckled and said, "I like consistency."
- Her newest hobby has been researching her ancestry. She is a descendant of the LaKota Tribe and is an enrolled Quabaw member, which translates as "hunters and gatherers." Did you know that the Native Americans' motto is that "We are all relatives?"
- Tamara loves her new job and states, "I am surrounded by people who are like family."
  - One of her favorite quotes: "Inside of me there are two dogs. One is mean and evil, the other is good and they fight each other all the time. When asked which one wins I answer, the one I feed the most!" *Sitting Bull*-
  - Welcome to the family Tamara!

## Congratulations to Iroquois Memorial Hospice



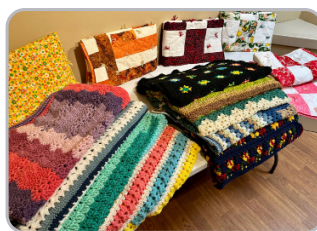
IMH Hospice is a 5 star agency according to Medicare's family and caregiver survey ratings located on Medicare.gov care and compare website. Not only did IMH Hospice receive the top score, we are the only agency in our area that received the 5 star rating! IMH Hospice scored above the national and state averages in every care category assessed. Categories in the family and caregiver survey included: how well we communicated with family, receiving timely help, treating patient with respect, emotional and spiritual support, help for pain and symptoms, training family to care for patient, quality of patient care, and willingness to recommend this Hospice. Our professional staff dedicate themselves to providing the highest quality care to our patients and your loved ones. We are very proud of our second consecutive year earning a 5 star rating.

## Our Volunteers are Simply the Most Caring, Talented and Selfless Individuals!

Meet Mary Jane LaFond. She and her husband, Jim, are both longtime volunteers at IMH. She is extremely dedicated and her generosity goes far beyond volunteering.

These beautiful lap quilts and afghans were made with all her love, and will wrap around our patients like a nice warm hug.

Thank you so much Mary Jane! We appreciate you more than words can say!



## Save the Date!

Our Volunteer Brunch Committee is in full swing planning the 2025 Hospice Annual Brunch to be held on Sunday April 6, 2025 at the Watseka High School Cafeteria. Keep watching for more details to come! We are so excited for this event!



*29 Years of Caring!*

Caring for patients and their families in Iroquois, Ford, and portions of Vermillion, Livingston, Champaign and Kankakee counties *since February 14, 1996.*