



IROQUOIS MEMORIAL HOSPITAL

# Community Health Needs Assessment



# Contents

3	Statement of Purpose
4	IMH Board of Directors
5	Executive Summary
6	Scope of Assessment
7	Methodology and Gaps Discussion
8	Community Partners
9	Geographic Assessment Area Defined
10	Evaluation of Prior Implementation Strategy
12	Demographic Profile
28	Survey Questions
41	Need Identification and Prioritization
41	Synthesized Secondary Data
42	Summary of Findings and Recommendations
42	Implementation Strategy
44	Resource Inventory
46	Area Health Physicians
47	Allied Health Providers
48	Centers and Clinics
48	Senior Care
49	Community Resources
58	Remarks







## STATEMENT OF Purpose

In accordance with the requirements for tax exemptions, hospital organizations must meet the requirements imposed by the Internal Revenue Services as described in Section 501(r)(3) by conducting a Community Health Needs Assessment (CHNA) every three years. This CHNA will be included as part of their corporate tax filings with the Internal Revenue Service. Iroquois Memorial Hospital (IMH) is dedicated to providing the best quality health care services for the communities it serves. By assessing community health needs through a review of the available health data, collective participants perceptions of health needs of the area, local officials and community leaders and representatives of the many groups served by the hospital, IMH and its health care partners were able to identify and address the area's most pressing health care needs.



## IMH BOARD OF Directors

**Rhonda Pence**

**CHAIRMAN**

**Kathy Perkinson**

**VICE CHAIRMAN**

**Dan Tinch**

**SECRETARY**

**Sara Mikuta**

**TREASURER**

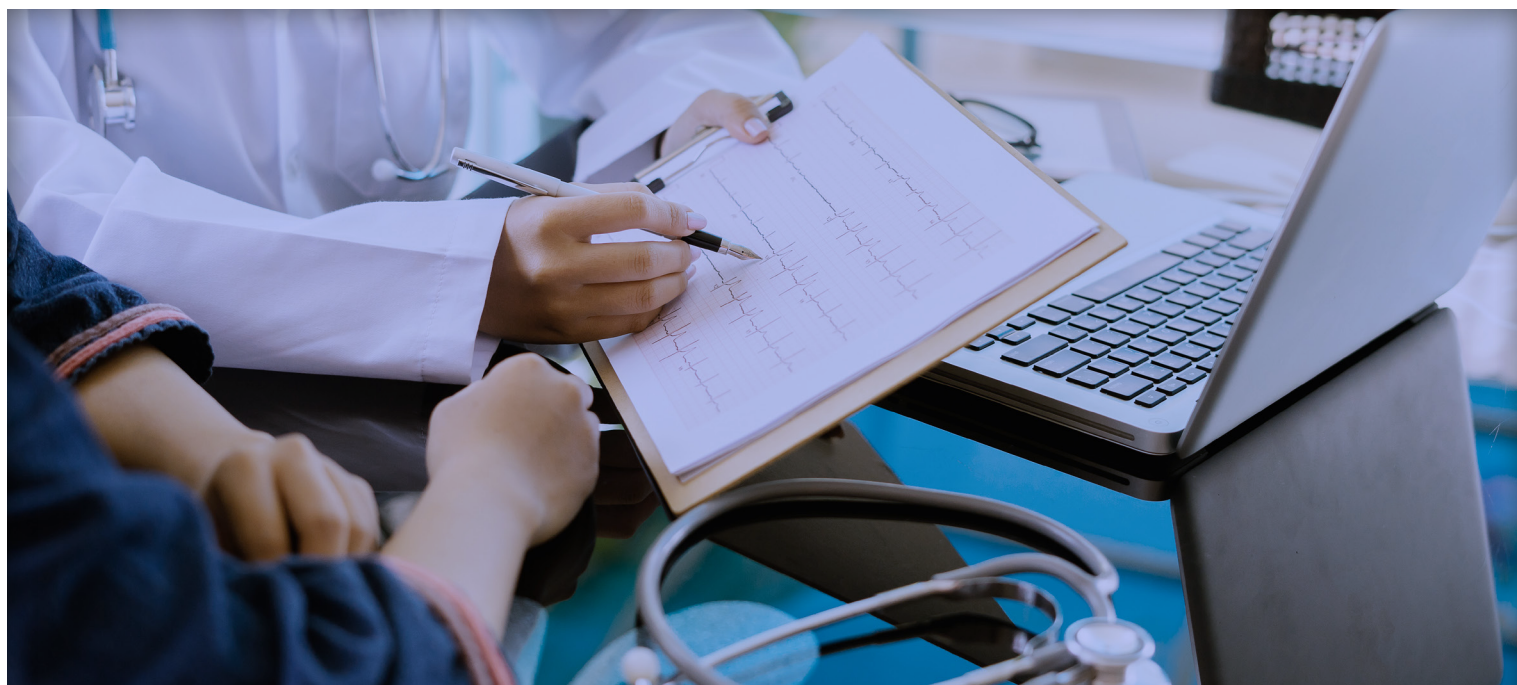
**Roger Dittrich**

**John Bell**

**Kira Ebert**

**Adam Knapp**

**Philip Zumwalt, M.D.**





## EXECUTIVE Summary

Iroquois Memorial Hospital (IMH) sees many opportunities to provide more healthcare services that are needed in our community. We know that travel and local accessibility have an effect on the health of our citizens, so we are growing our system to address these needs.

Although we face many challenges as a rural, independent hospital, our 2023 licensure as a Critical Access Hospital (CAH) has allowed for appropriate funding of Medicaid and Medicare services. Coupled with our proactive approach to meeting challenges for rural healthcare we have a strategy of growth in our communities, of our specialties, and for our access to care. We will continue to provide more services that are closer to where our patients live knowing this patient focus improves the overall health of our community.

Community involvement from our local board, administration and leaders has helped us research the needs of our community. Our priorities reflect our needs as highlighted in the most recent IPLAN. We will strive to be the best in class in three primary areas:

- Emergency Services
- Specialty Services Expansion
- Community Wellness

These priorities represent increased access to more critical services that keep the patient closer to their home.

IMH will be an outstanding organization by exceeding community and board expectations through empowered people, guided by our shared values. This requires:

- A consistent CUSTOMER FOCUS for our organization.
- A PASSION to provide better patient outcomes and superior customer experiences in our community.
- An EMPOWERED ORGANIZATION which is both motivated and supported to satisfy customers to the fullest extent of our capabilities.
- A SET OF SHARED VALUES which guides all of our decisions and actions represented in our logo and lived out in the lives of our associates.



## SCOPE OF Assessment

In 2025, Iroquois Memorial Hospital (IMH) undertook a comprehensive Community Health Needs Assessment (CHNA), a critical initiative designed to deeply understand and address the healthcare and well-being requirements of its service area. This significant endeavor was guided by the VP of Patient Health, ensuring a patient-centric approach from its inception.

The CHNA was not a solitary undertaking; rather, it was a collaborative effort involving various IMH subcommittees, which brought diverse perspectives and expertise to the table. Crucially, the process also benefited from the active participation and invaluable support of a broad spectrum of community members and local groups. This inclusive approach ensured that the assessment truly reflected the experiences and concerns of the population IMH serves.

Through a series of discussions, surveys, and data analyses, the CHNA process empowered Iroquois Memorial and its community participants to collectively assess the needs of the community on multiple, interconnected levels. This holistic examination went far beyond traditional health metrics, delving into a wide array of factors that significantly influence overall community well-being. Specifically, the assessment carefully considered:

- **Geographical Needs:** Understanding the distribution of healthcare services, accessibility challenges, and transportation barriers within the service area.
- **Economic Needs:** Investigating socio-economic determinants of health, such as employment rates, poverty levels, and access to affordable resources.
- **Social Needs:** Exploring social determinants like education, housing, social support networks, and community safety.
- **Spiritual Needs:** Recognizing the role of spiritual well-being and community support systems in promoting health.
- **Health Needs:** A review of prevalent health conditions, access to primary and specialized care, preventative health measures, and public health concerns.

By thoroughly analyzing these multifaceted dimensions, the CHNA provided Iroquois Memorial with an in-depth understanding of the community's strengths, challenges, and opportunities. This comprehensive insight was instrumental in enabling IMH to strategically plan a targeted course of action, developing initiatives and programs designed to effectively and compassionately serve the unique and evolving needs of its entire service area. The CHNA thus serves as a foundational document for IMH's future strategic planning, ensuring its services remain relevant, impactful, and truly beneficial to the community it pledges to serve.





## METHODOLOGY AND Gaps Discussion

In 2025, Iroquois Memorial Hospital conducted a community health needs assessment (CHNA). After reviewing primary data that was collected, it was determined to proceed with three focused groups as well as the participation in the Illinois Project for Local Assessment of Needs (IPLAN) led by the Iroquois County Public Health Dept. Their plan is a result of a comprehensive, community-based public health needs assessment, including reviews of relevant data, collective perceptions of the community participants, and dialogue about the overall health of Iroquois County. The development of the IPLAN comprised of a multitude of representatives from community leaders, health professionals, faith leaders, business leaders, local officials, and the local school.

Quantitative information from the U.S. Census Bureau was collected at the zip code level providing demographic and economic information and variables for multiple years of past and present data allowing for identification of trends over time. Additional data was collected from the American Community Survey, Iroquois Health Department IPLan, and 2025 County Health Rankings both Illinois and Indiana. Note: This indicator is compared to the lowest state average.

Secondary data from state, federal and professional sources, which are cited in the text, were reviewed and compared to the primary data gathered. Identified needs were prioritized through that process and presented to hospital administration for review.





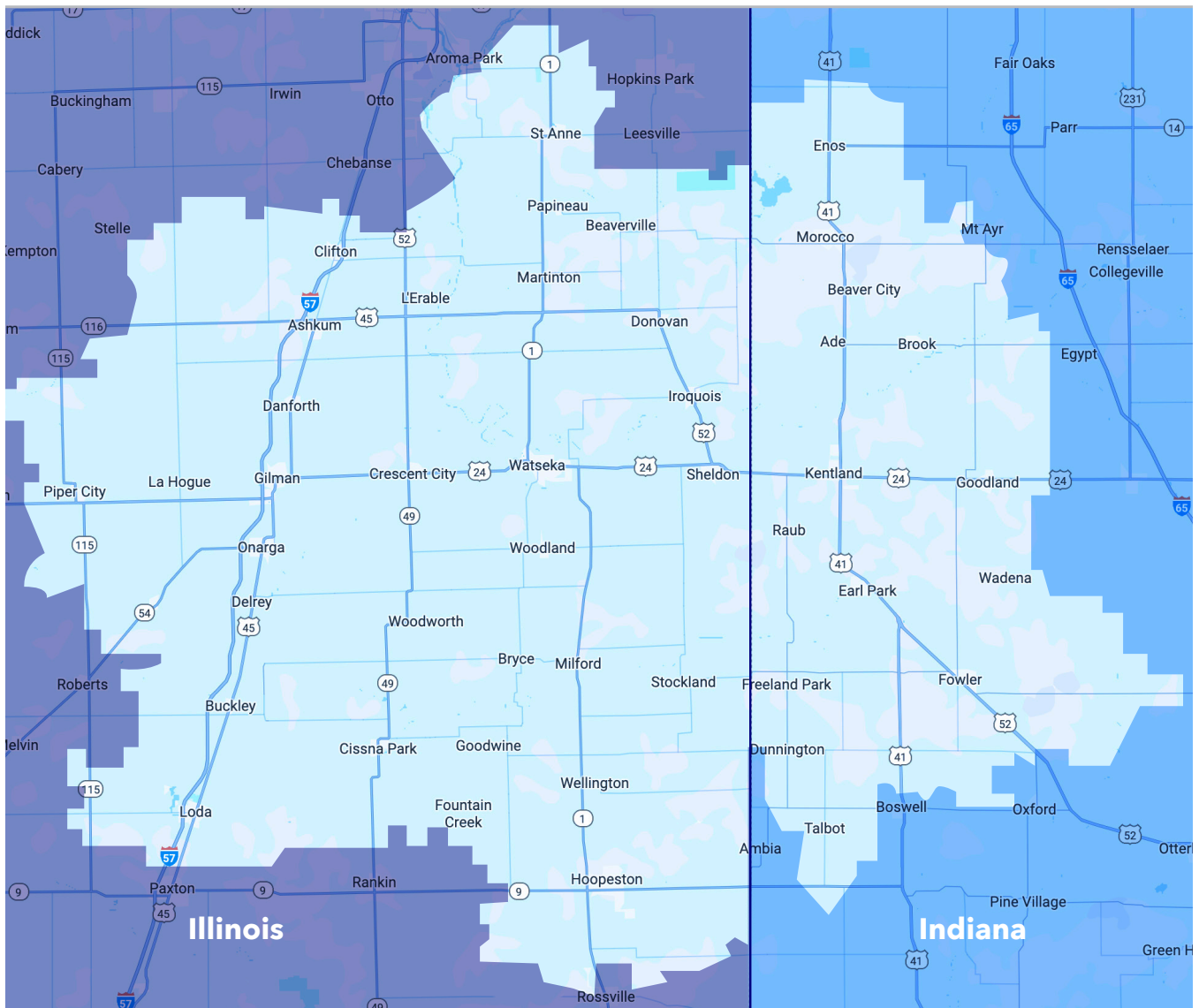
## COMMUNITY **Partners**

- Iroquois Memorial Hospital Board of Directors
- Watseka Area Chamber of Commerce
- Iroquois County Board
- Iroquois County Public Health Department
- Iroquois Memorial Hospital Team Iroquois
- Faith Based Organizations
- Iroquois County School District 9

## GEOGRAPHIC ASSESSMENT

### Area Defined

The IMH community was identified through a facilitated meeting with senior staff as a geographic area determined to be the current primary and secondary hospital service areas, which includes all or portions of the zip code service areas surrounding Watseka and reaching into Iroquois, Ford, and Kankakee counties in Illinois and Benton and Newton counties in Indiana. This geographic area's definition of community is well-suited to IMH, providing basic, primary care through inpatient care, ancillary services, clinics and specialty clinics to residents of a rural area. Tertiary Care Hospitals in Champaign, Kankakee, and other locations receive patients from the service area.







## EVALUATION OF Prior Implementation Strategy

The following three initiatives were met with many challenges. As we navigated through numerous barriers, IMH—supported by its dedicated staff and the broader community—has achieved meaningful growth in the delivery of healthcare services across our rural service areas. These achievements reflect our continued commitment to improving access, expanding services, and enhancing the overall health and well-being of the communities we serve.

### PRIORITY 1

## Clinic Growth

IMH continues to advance its mission of improving access to quality healthcare for rural populations. Over the past three years, the organization has expanded both its clinical capacity and scope of services to better meet patient needs, with a focus on primary care, behavioral health, and integrated chronic disease management.

### St. Anne Clinic Expansion

St. Anne Clinic, the newest addition to IMH's network, opened in November 2022 and is now under the leadership of Nurse Practitioner Diana Kaufman. The clinic has experienced steady growth and increasing patient demand. In response, operations have expanded to include an additional day of service, improving access for residents of St. Anne and surrounding communities.

### Kentland Clinic Growth

The Kentland Clinic continues to thrive, supported by a team of one MD, one NP, and one PA. The staff actively engages in community outreach, educational events, and local partnerships, strengthening visibility, trust, and patient relationships while promoting preventive care and wellness programs. Through these relationships, IMH clinics have established themselves as community anchors,

providing not only healthcare but also education, prevention, and support services that address the broader determinants of health in rural populations.

### Accountable Care Organization (ACO) and Chronic Care Management

All IMH clinics actively participate in an Accountable Care Organization (ACO) framework designed to improve care coordination, enhance quality, and reduce healthcare costs. The ACO model emphasizes:

- Avoiding duplication of tests and services
- Reducing medical errors
- Promoting collaboration among providers and care teams

In addition, IMH participates in Chronic Care Management (CCM) initiatives. CCM promotes a proactive, team-based approach to managing both acute and chronic conditions—such as diabetes, hypertension, and COPD—by emphasizing prevention, integrated care, and post-hospital recovery.

These programs have resulted in improved patient outcomes and a reduction in hospital readmissions, demonstrating IMH's commitment to long-term community health improvement.

A dedicated ACO Nurse provides leadership and oversight to ensure that all IMH clinics meet their quality measurements and assessment goals, maintaining high standards of patient-centered care.

## PRIORITY 2

# Medication Assisted Treatment Program

Over the past two years, IMH has prioritized the expansion of behavioral health and addiction treatment services to meet the growing mental health and substance use needs of the community.

### **Behavioral Health Integration**

Behavioral health services were introduced two years ago, enabling patients to receive counseling and mental health support within the primary care setting. This integration has improved early identification and treatment, reduced barriers to care, and increased patient engagement.

### **Suboxone Training for Providers**

All new IMH providers are trained and certified in Suboxone prescribing, ensuring the availability of medication-assisted treatment (MAT) for patients struggling with opioid use disorder. This initiative strengthens continuity of care and supports recovery within the patient's established medical home.

### **Pain Management Services**

IMH launched a Pain Clinic within its Specialty Clinic to assist patients with chronic pain while promoting safe, effective, and non-opioid treatment options. The clinic's mission is to help patients manage pain through multidisciplinary approaches, education, and coordinated care, ultimately reducing reliance on opioid medications.

This planned growth aligns with IMH's broader goal to expand accessibility, strengthen preventive care, and promote the long-term health of the communities it serves.

## PRIORITY 3

# Surgical Specialty Expansion

In the past three years, our organization has strategically directed its efforts and allocated substantial resources towards the expansion of our surgical department, specifically by integrating additional surgical specialties into our facility. This initiative, while crucial for enhancing the scope of healthcare services available to our community, has been met with considerable challenges.

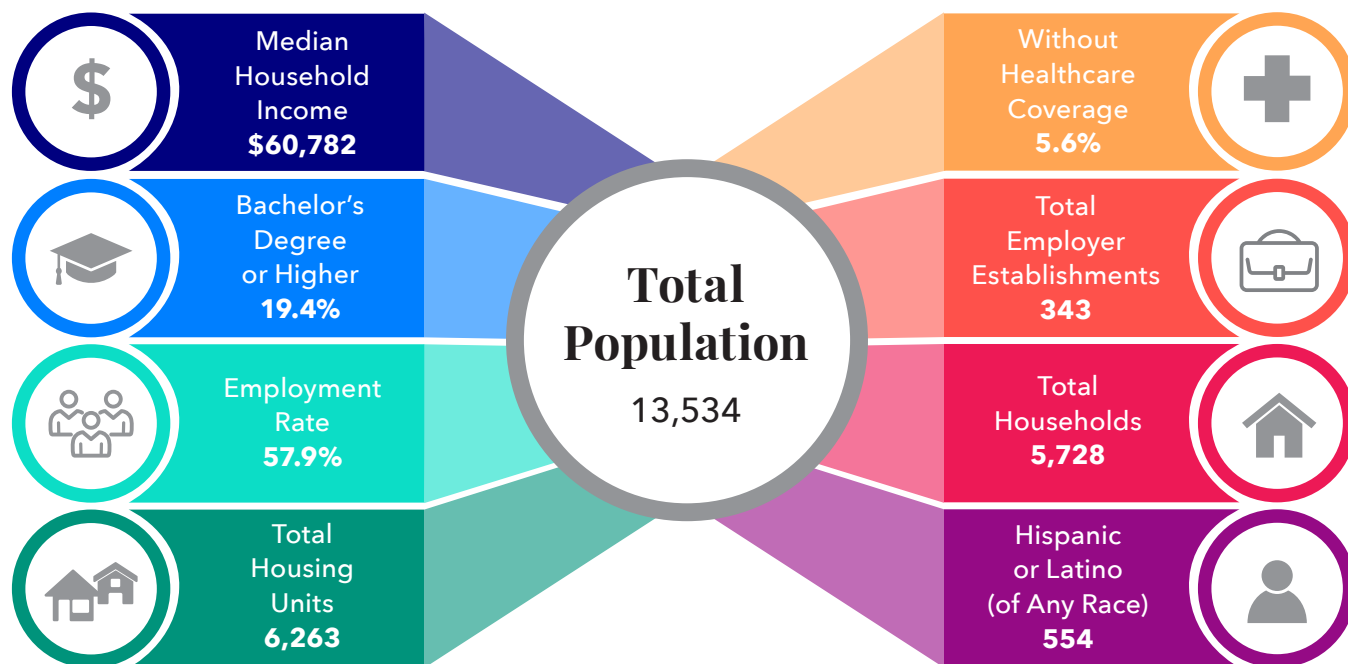
A primary obstacle has been the complex and often arduous task of enticing and successfully recruiting highly skilled surgeons to a rural community setting. Rural areas often present unique disadvantages in this regard, including perceived limitations in professional development opportunities, access to advanced medical technology, and a smaller pool of support staff. Overcoming these hurdles has required a multi-faceted approach, involving not only competitive compensation and benefits packages but also a concerted effort to highlight the unique advantages and quality of life offered by our rural community.

Even with all of these challenges, our commitment to expanding healthcare services remained steadfast. We are proud to announce the successful recruitment and integration of several new medical professionals into our team. We welcomed a highly skilled Gynecologist, a comprehensive Cardiologist Group, and an expert Orthopedic Surgeon. These additions significantly enhance our capacity to provide specialized care to our community, addressing critical needs in women's health, cardiovascular care, and musculoskeletal services. This expansion reflects our dedication to improving patient outcomes and offering a broader range of in-house medical expertise.



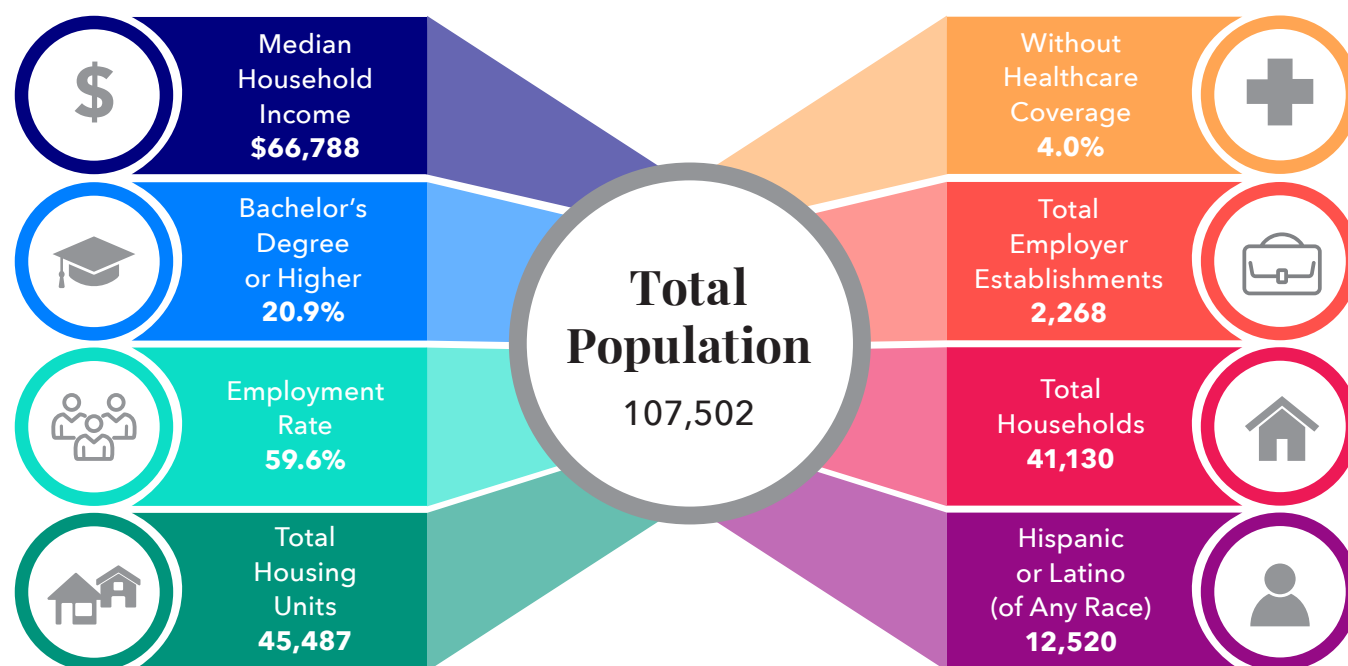
2025 CENSUS DATA

## Ford County, Illinois



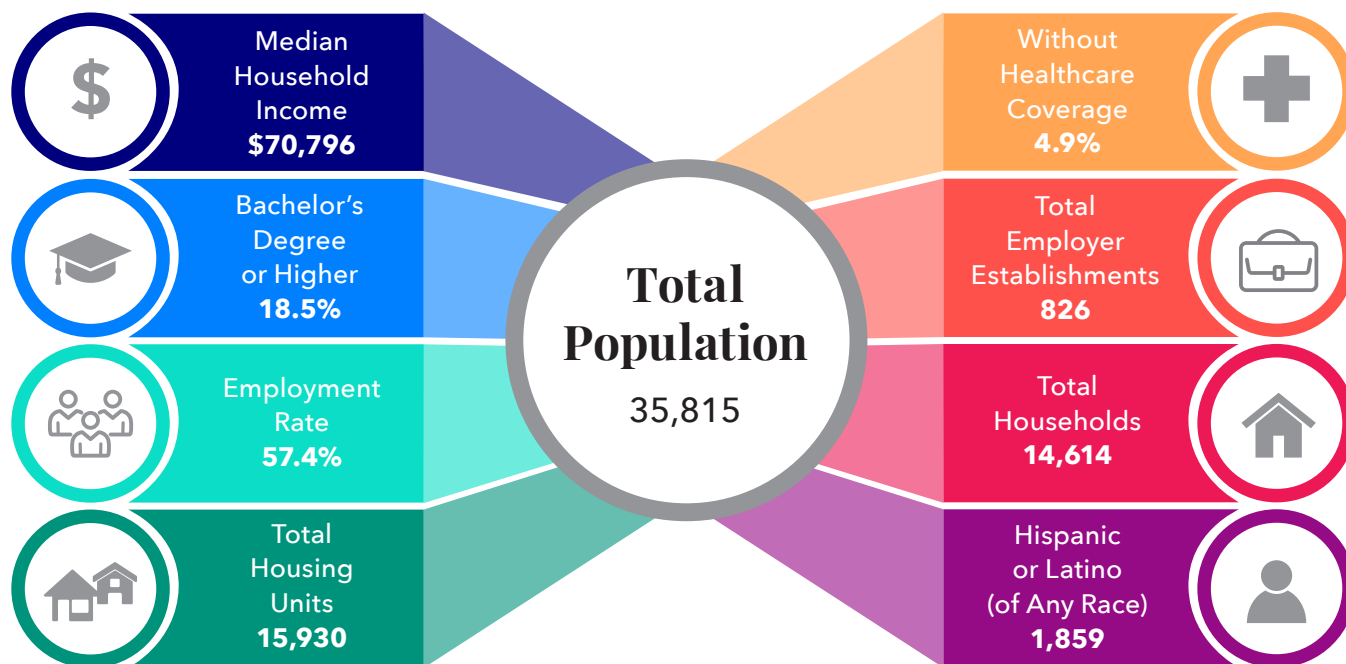
2025 CENSUS DATA

## Kankakee County, Illinois



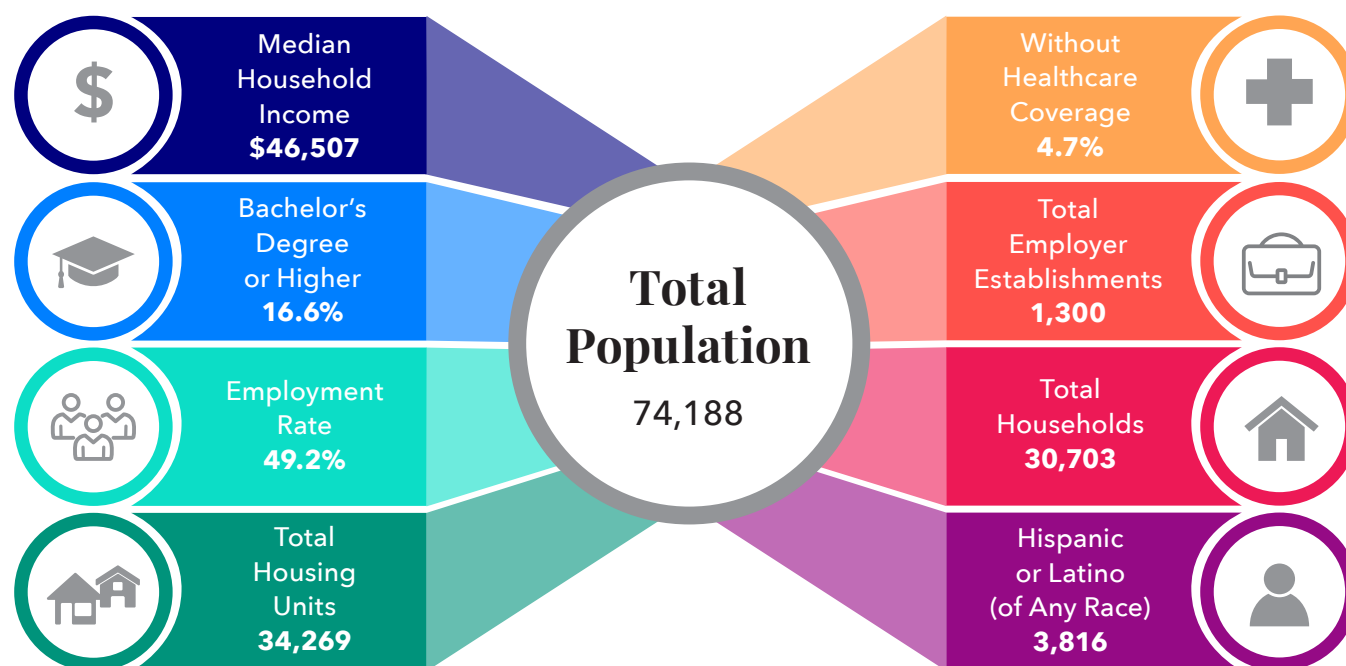
## 2025 CENSUS DATA

# Livingston County, Illinois



## 2025 CENSUS DATA

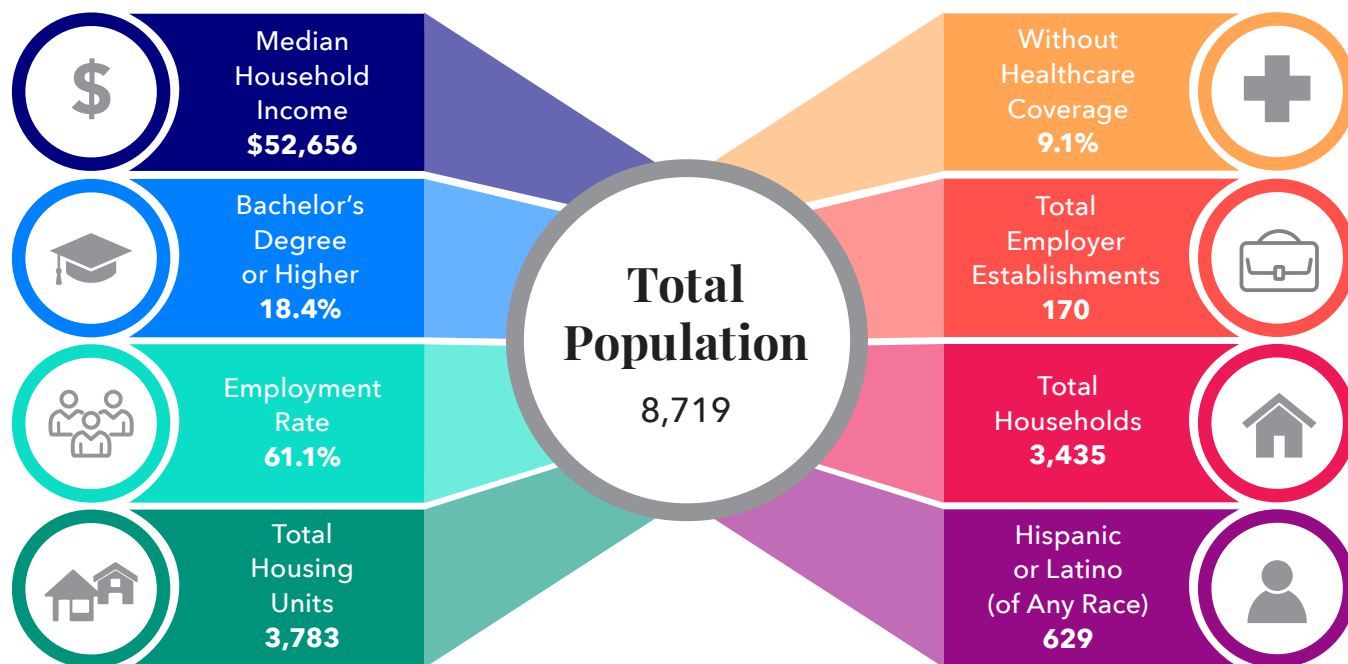
# Vermilion County, Illinois





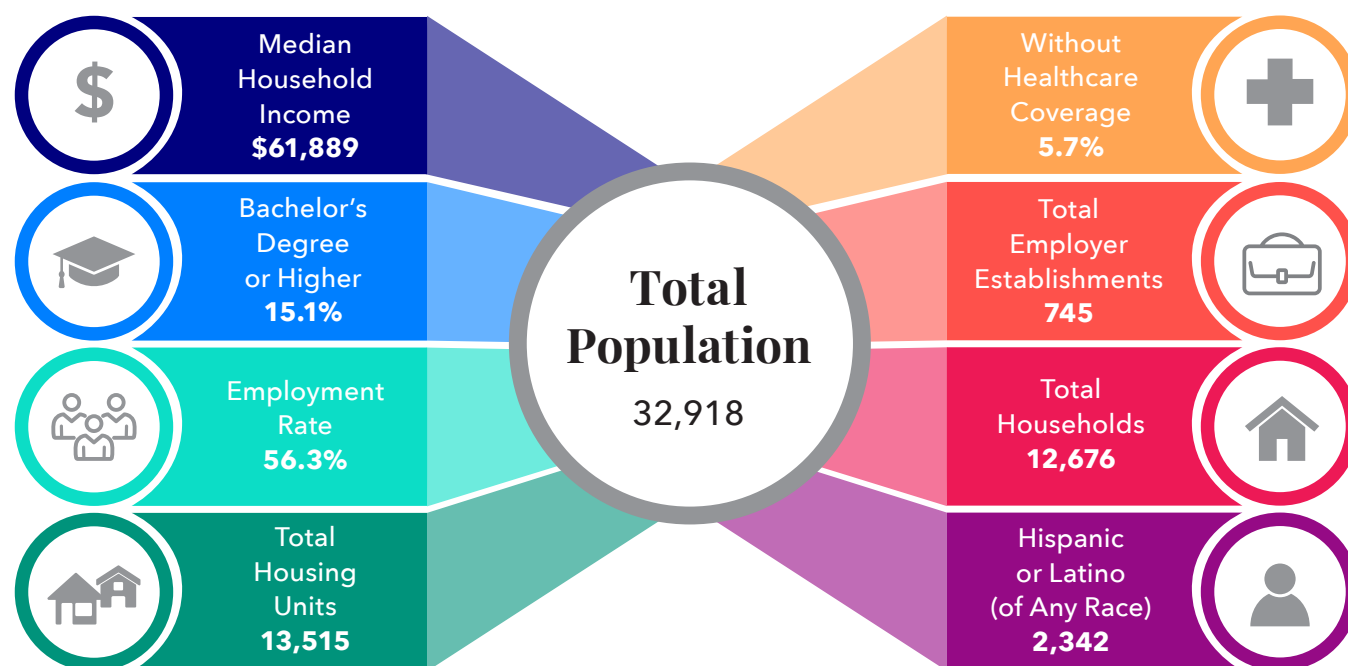
2025 CENSUS DATA

## Benton County, Indiana



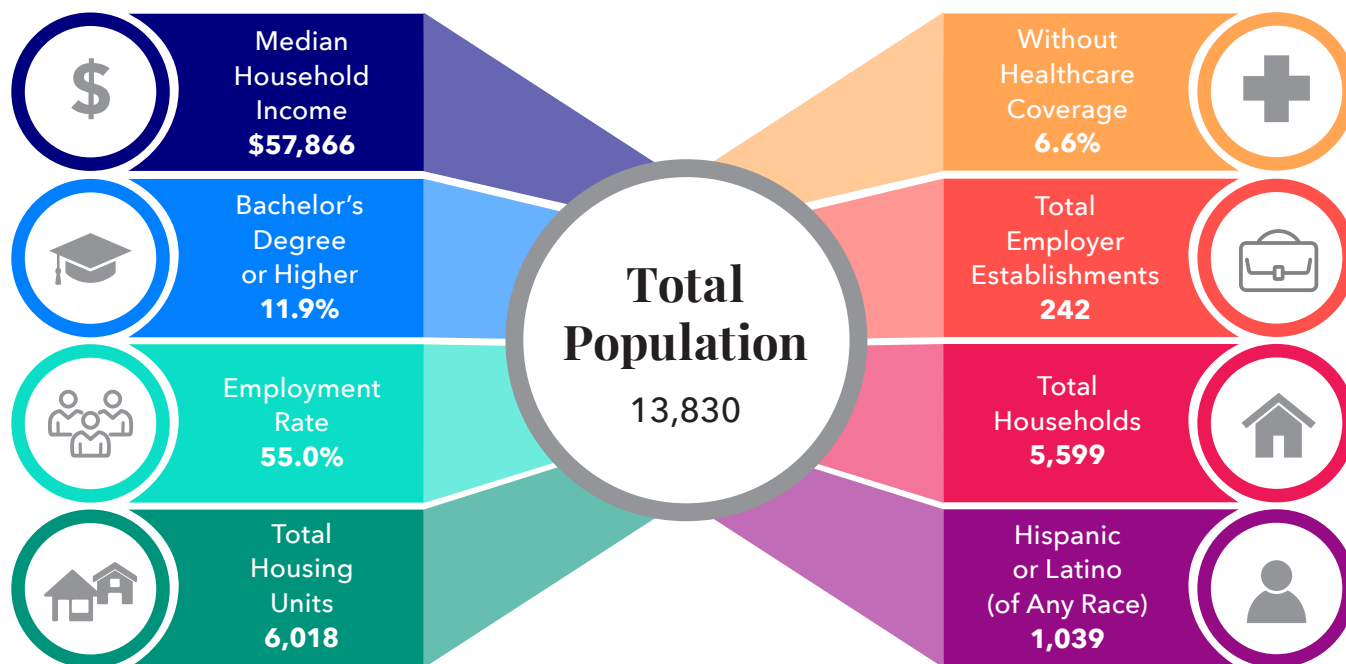
2025 CENSUS DATA

## Jasper County, Indiana



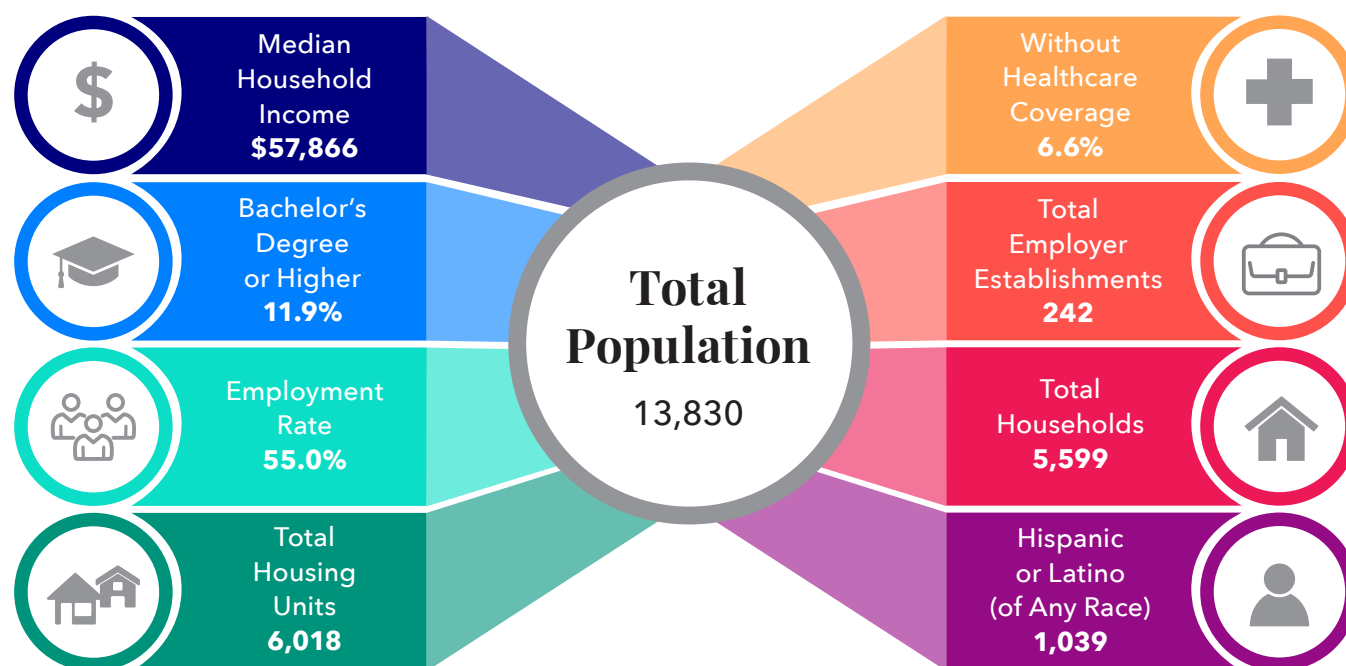
## 2025 CENSUS DATA

# Newton County, Indiana



## 2025 CENSUS DATA

# Iroquois County, Illinois





## HEALTH RANKING

# Ford County

% BELOW 18 YEARS OF AGE

**23%**

% 65 AND OLDER

**19.90%**

% FEMALE

**50.10%**

% AMERICAN INDIAN OR  
ALASKA NATIVE

**.90%**

% ASIAN

**.60%**

% NON-HISPANIC BLACK

**1.40%**

% NON-HISPANIC WHITE

**90.60%**

CHILDREN IN SINGLE-PARENT  
HOUSEHOLDS

**20%**

% RURAL

**66.50%**

PREMATURE DEATH

**9,100**

Definition: Years of Potential life lost before  
age 75 per 100,00

LIFE EXPECTANCY

**74.3**

Definition: Average number of years people  
are expected to live

POOR PHYSICAL HEALTH DAYS

**4.4**

Definition: Average number of physically  
unhealthy days reported

DIABETES PREVALENCE

**10%**

Definition: Percentage of adults aged 18 and  
above with diagnosed diabetes

ADULT OBESITY

**38%**

Definition: Percentage of the adult population  
that reports a body mass index greater than  
or equal to 30 kg/m<sup>2</sup>

FREQUENT MENTAL DISTRESS

**19%**

Definition: Percentage of adults reporting  
14 or more days of poor mental health per  
month

SUICIDES

**18**

Definition: number of death due to suicide per  
100,000

FOOD INSECURITY

**13%**

Definition: Percentage of population who lack  
adequate access to food

EXCESSIVE DRINKING

**22%**

Definition: Percentage of adults reporting  
binge or heavy drinking

DRUG OVERDOSE DEATHS

**—**

Definition: Number of drug poisoning deaths  
per 100,00

## MAMMOGRAPHY SCREENING

**46%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**11%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE- DRIVING

### ALONE

**39%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**12%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**85%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$5,241.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY

**15%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Illinois*

## HEALTH RANKING

# Kankakee County

### % BELOW 18 YEARS OF AGE

**22.5%**

### % 65 AND OLDER

**18.3%**

### % FEMALE

**50.50%**

### % AMERICAN INDIAN OR ALASKA NATIVE

**.50%**

### % ASIAN

**1.10%**

### % NON-HISPANIC BLACK

**14.70%**

### % NON-HISPANIC WHITE

**69.10%**

### CHILDREN IN SINGLE-PARENT HOUSEHOLDS

**37%**

### % RURAL

**28.40%**

### PREMATURE DEATH

**10,600**

Definition: Years of Potential life lost before age 75 per 100,00

### LIFE EXPECTANCY

**74.6**

Definition: Average number of years people are expected to live

#### POOR PHYSICAL HEALTH DAYS

**4.5**

Definition: Average number of physically unhealthy days reported

#### DIABETES PREVALENCE

**11%**

Definition: Percentage of adults aged 18 and above with diagnosed diabetes

#### ADULT OBESITY

**40%**

Definition: Percentage of the adult population that reports a body mass index greater than or equal to 30 kg/m<sup>2</sup>

#### FREQUENT MENTAL DISTRESS

**18%**

Definition: Percentage of adults reporting 14 or more days of poor mental health per month

#### SUICIDES

**12**

Definition: number of death due to suicide per 100,000

#### FOOD INSECURITY

**13%**

Definition: Percentage of population who lack adequate access to food

#### EXCESSIVE DRINKING

**21%**

Definition: Percentage of adults reporting binge or heavy drinking

#### DRUG OVERDOSE DEATHS

**41**

Definition: Number of drug poisoning deaths per 100,000

#### MAMMOGRAPHY SCREENING

**49%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

#### SEVERE HOUSING PROBLEMS

**15%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

#### LONG COMMUTE- DRIVING ALONE

**28%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

#### SERVE HOUSING COST BURDEN

**14%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

#### BROADBAND ACCESS

**87%**

Definition: percentage of households with broadband internet connection

#### SCHOOL FUNDING ADEQUACY

**-\$2,341.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

#### CHILDREN IN POVERTY:

**16%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Illinois*



## HEALTH RANKING

# Livingston County

% BELOW 18 YEARS OF AGE

**21.90%**

% 65 AND OLDER

**20.50%**

% FEMALE

**48.90%**

% AMERICAN INDIAN OR  
ALASKA NATIVE

**.50%**

% ASIAN

**.70%**

% NON-HISPANIC BLACK

**3.80%**

% NON-HISPANIC WHITE

**87.80%**

CHILDREN IN SINGLE-PARENT  
HOUSEHOLDS

**29%**

% RURAL

**64.60%**

PREMATURE DEATH

**9,400**

Definition: Years of Potential life lost before  
age 75 per 100,00

LIFE EXPECTANCY

**75.4**

Definition: Average number of years people  
are expected to live

POOR PHYSICAL HEALTH DAYS

**4.3**

Definition: Average number of physically unhealthy  
days reported

DIABETES PREVALENCE

**10%**

Definition: Percentage of adults aged 18 and above  
with diagnosed diabetes

ADULT OBESITY

**38%**

Definition: Percentage of the adult population that  
reports a body mass index greater than or equal to  
30 kg/m<sup>2</sup>

FREQUENT MENTAL DISTRESS

**19%**

Definition: Percentage of adults reporting 14 or  
more days of poor mental health per month

SUICIDES

**16**

Definition: number of death due to suicide per  
100,000

FOOD INSECURITY

**12%**

Definition: Percentage of population who lack  
adequate access to food

EXCESSIVE DRINKING

**22%**

Definition: Percentage of adults reporting binge or  
heavy drinking

DRUG OVERDOSE DEATHS

**38**

Definition: Number of drug poisoning deaths  
per 100,00

## MAMMOGRAPHY SCREENING

**52%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**12%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE- DRIVING ALONE

**25%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**9%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**85%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$2,888.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY

**14%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Illinois*

## HEALTH RANKING

# Vermilion County

### % BELOW 18 YEARS OF AGE

**23.40%**

### % 65 AND OLDER

**20.70%**

### % FEMALE

**49.90%**

### % AMERICAN INDIAN OR ALASKA NATIVE

**.40%**

### % ASIAN

**.80%**

### % NON-HISPANIC BLACK

**13.90%**

### % NON-HISPANIC WHITE

**76.80%**

### CHILDREN IN SINGLE-PARENT HOUSEHOLDS

**38%**

### % RURAL

**39.50%**

### PREMATURE DEATH

**12,400**

Definition: Years of Potential life lost before age 75 per 100,00

### LIFE EXPECTANCY

**72.5**

Definition: Average number of years people are expected to live

## POOR PHYSICAL HEALTH DAYS

**4.7**

Definition: Average number of physically unhealthy days reported

## DIABETES PREVALENCE

**11%**

Definition: Percentage of adults aged 18 and above with diagnosed diabetes

## ADULT OBESITY

**41%**

Definition: Percentage of the adult population that reports a body mass index greater than or equal to 30 kg/m<sup>2</sup>

## FREQUENT MENTAL DISTRESS

**20%**

Definition: Percentage of adults reporting 14 or more days of poor mental health per month

## SUICIDES

**21**

Definition: number of death due to suicide per 100,000

## FOOD INSECURITY

**14%**

Definition: Percentage of population who lack adequate access to food

## EXCESSIVE DRINKING

**20%**

Definition: Percentage of adults reporting binge or heavy drinking

## DRUG OVERDOSE DEATHS

**35**

Definition: Number of drug poisoning deaths per 100,00

## MAMMOGRAPHY SCREENING

**46%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**11%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE-DRIVING ALONE

**32%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**10%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**85%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$943.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY

**29%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Illinois*



## HEALTH RANKING

# Benton County

% BELOW 18 YEARS OF AGE

**24%**

% 65 AND OLDER

**18.40%**

% FEMALE

**48.8%**

% AMERICAN INDIAN OR  
ALASKA NATIVE

**.30%**

% ASIAN

**.30%**

% NON-HISPANIC BLACK

**1.0%**

% NON-HISPANIC WHITE

**89.50%**

CHILDREN IN SINGLE-PARENT  
HOUSEHOLDS

**18%**

% RURAL

**100%**

PREMATURE DEATH

**10,600**

Definition: Years of Potential life lost before  
age 75 per 100,00

LIFE EXPECTANCY

**74.5**

Definition: Average number of years people  
are expected to live

POOR PHYSICAL HEALTH DAYS

**4.9**

Definition: Average number of physically  
unhealthy days reported

DIABETES PREVALENCE

**12%**

Definition: Percentage of adults aged 18 and  
above with diagnosed diabetes

ADULT OBESITY

**40%**

Definition: Percentage of the adult population  
that reports a body mass index greater than  
or equal to 30 kg/m<sup>2</sup>

FREQUENT MENTAL DISTRESS

**20%**

Definition: Percentage of adults reporting  
14 or more days of poor mental health per  
month

SUICIDES

**29**

Definition: number of death due to suicide  
per 100,000

FOOD INSECURITY

**15%**

Definition: Percentage of population who lack  
adequate access to food

EXCESSIVE DRINKING

**18%**

Definition: Percentage of adults reporting  
binge or heavy drinking

DRUG OVERDOSE DEATHS

**—**

Definition: Number of drug poisoning deaths  
per 100,00

## MAMMOGRAPHY SCREENING

**48%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**11%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE- DRIVING ALONE

**43%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**8%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**88%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$2,690.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY

**14%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Indiana*

## HEALTH RANKING

# Jasper County

### % BELOW 18 YEARS OF AGE

**22.70%**

### % 65 AND OLDER

**19.20%**

### % FEMALE

**49.90%**

### % AMERICAN INDIAN OR ALASKA NATIVE

**.40%**

### % ASIAN

**.50%**

### % NON-HISPANIC BLACK

**.70%**

### % NON-HISPANIC WHITE

**89.80%**

### CHILDREN IN SINGLE-PARENT HOUSEHOLDS

**11%**

### % RURAL

**83.30%**

### PREMATURE DEATH

**9,200**

Definition: Years of Potential life lost before age 75 per 100,00

### LIFE EXPECTANCY

**75.3**

Definition: Average number of years people are expected to live

## POOR PHYSICAL HEALTH DAYS

**4.2**

Definition: Average number of physically unhealthy days reported

## DIABETES PREVALENCE

**10%**

Definition: Percentage of adults aged 18 and above with diagnosed diabetes

## ADULT OBESITY

**38%**

Definition: Percentage of the adult population that reports a body mass index greater than or equal to 30 kg/m<sup>2</sup>

## FREQUENT MENTAL DISTRESS

**18%**

Definition: Percentage of adults reporting 14 or more days of poor mental health per month

## SUICIDES

**17**

Definition: number of death due to suicide per 100,000

## FOOD INSECURITY

**13%**

Definition: Percentage of population who lack adequate access to food

## EXCESSIVE DRINKING

**19%**

Definition: Percentage of adults reporting binge or heavy drinking

## DRUG OVERDOSE DEATHS

**29**

Definition: Number of drug poisoning deaths per 100,000

## MAMMOGRAPHY SCREENING

**40%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**8%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE-DRIVING ALONE

**47%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**6%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**90%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$1,423.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY:

**10%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Indiana*



## HEALTH RANKING

# Newton County

% BELOW 18 YEARS OF AGE

**21.10%**

% 65 AND OLDER

**20.90%**

% FEMALE

**49%**

% AMERICAN INDIAN OR ALASKA

NATIVE

**.70%**

% ASIAN

**.60%**

% NON-HISPANIC BLACK

**1%**

% NON-HISPANIC WHITE

**88.40%**

CHILDREN IN SINGLE-PARENT  
HOUSEHOLDS

**25%**

% RURAL

**100%**

PREMATURE DEATH

**10,900**

Definition: Years of Potential life lost before  
age 75 per 100,00

LIFE EXPECTANCY

**73.6**

Definition: Average number of years people  
are expected to live

POOR PHYSICAL HEALTH DAYS

**4.6**

Definition: Average number of physically  
unhealthy days reported

DIABETES PREVALENCE

**11%**

Definition: Percentage of adults aged 18 and  
above with diagnosed diabetes

ADULT OBESITY

**42%**

Definition: Percentage of the adult population  
that reports a body mass index greater than  
or equal to 30 kg/m2

FREQUENT MENTAL DISTRESS

**20%**

Definition: Percentage of adults reporting  
14 or more days of poor mental health per  
month

SUICIDES

**18**

Definition: number of death due to suicide per  
100,000

FOOD INSECURITY

**15%**

Definition: Percentage of population who lack  
adequate access to food

EXCESSIVE DRINKING

**18%**

Definition: Percentage of adults reporting  
binge or heavy drinking

DRUG OVERDOSE DEATHS

**39**

Definition: Number of drug poisoning deaths  
per 100,00

## MAMMOGRAPHY SCREENING

**41%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**9%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE-DRIVING ALONE

**46%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**12%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**87%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**-\$1,219.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY:

**13%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Indiana*

## HEALTH RANKING

# Iroquois County

### % BELOW 18 YEARS OF AGE

**21.30%**

### % 65 AND OLDER

**23.30%**

### % FEMALE

**50.60%**

### % AMERICAN INDIAN OR ALASKA NATIVE

**.40%**

### % ASIAN

**.60%**

### % NON-HISPANIC BLACK

**1.40%**

### % NON-HISPANIC WHITE

**87.90%**

### CHILDREN IN SINGLE-PARENT HOUSEHOLDS

**19%**

### % RURAL

**82.70%**

### PREMATURE DEATH

**9,700**

Definition: Years of Potential life lost before age 75 per 100,00

### LIFE EXPECTANCY

**74.7**

Definition: Average number of years people are expected to live

## POOR PHYSICAL HEALTH DAYS

**4.5**

Definition: Average number of physically unhealthy days reported

## DIABETES PREVALENCE

**10%**

Definition: Percentage of adults aged 18 and above with diagnosed diabetes

## ADULT OBESITY

**38%**

Definition: Percentage of the adult population that reports a body mass index greater than or equal to 30 kg/m<sup>2</sup>

## FREQUENT MENTAL DISTRESS

**18%**

Definition: Percentage of adults reporting 14 or more days of poor mental health per month

## SUICIDES

**11**

Definition: number of death due to suicide per 100,000

## FOOD INSECURITY

**13%**

Definition: Percentage of population who lack adequate access to food

## EXCESSIVE DRINKING

**22%**

Definition: Percentage of adults reporting binge or heavy drinking

## DRUG OVERDOSE DEATHS

**26**

Definition: Number of drug poisoning deaths per 100,00

## MAMMOGRAPHY SCREENING

**46%**

Definition: Percentage of female Medicare enrollees age 65-74 who received an annual mammography screening

## SEVERE HOUSING PROBLEMS

**11%**

Definition: Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing cost, lack of kitchen facilities, or lack of plumbing facilities.

## LONG COMMUTE- DRIVING ALONE

**37%**

Definition: Among workers who commute in their car alone, the percentage that commute more than 30 minutes

## SERVE HOUSING COST BURDEN

**11%**

Definition: Percentage of households that spend 50% or more of their household income on housing.

## BROADBAND ACCESS

**84%**

Definition: percentage of households with broadband internet connection

## SCHOOL FUNDING ADEQUACY

**\$27.00**

Definition: The average gap in dollars between actual and required spending per pupil among public school districts. Required spending is an estimate of dollars needed to achieve U.S. average test scores in each district

## CHILDREN IN POVERTY:

**16%**

Definition: Percentage of people under age 18 in poverty.

*Data obtained from County Health Rankings & Roadmaps/ Illinois*



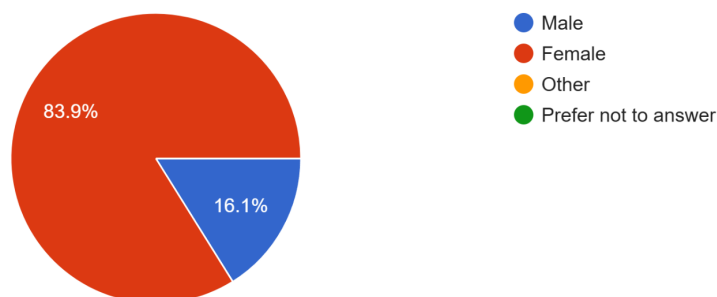
# LOCAL SURVEY ASSESSMENT

## Question Results

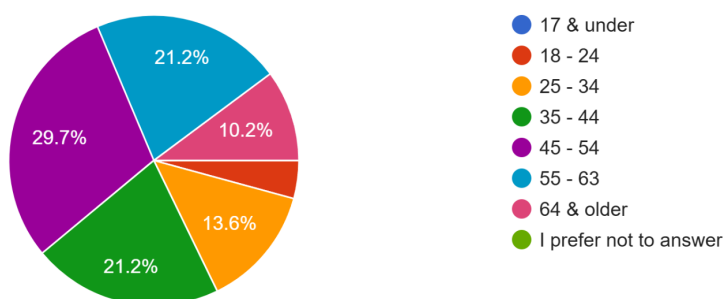


A survey was conducted by our internal organization as well as multiple community stakeholders.

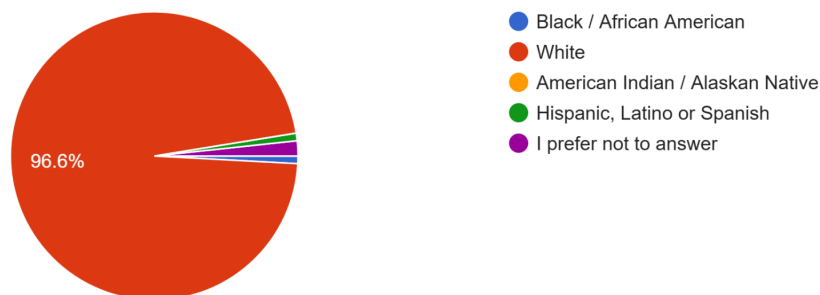
Gender



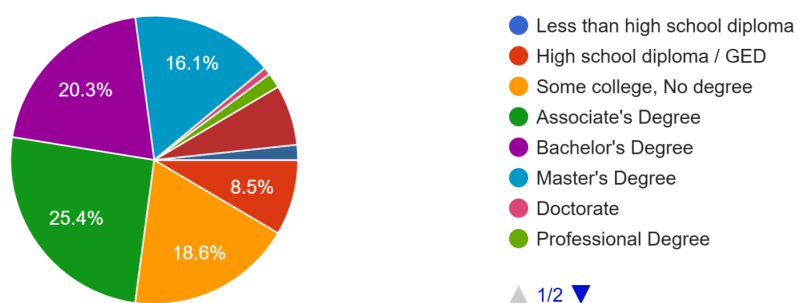
Age



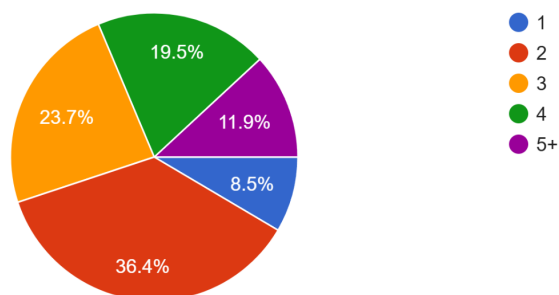
## Race



## Education



## Including yourself, how many people live in your household

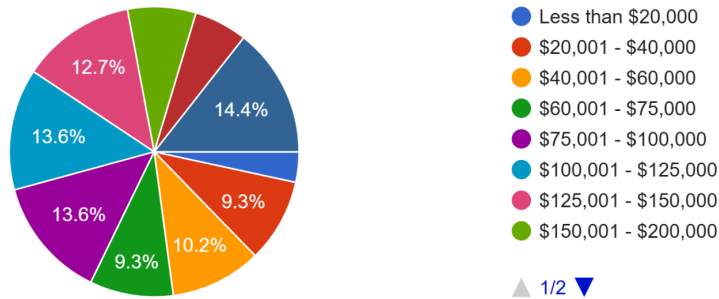


# LOCAL SURVEY ASSESSMENT

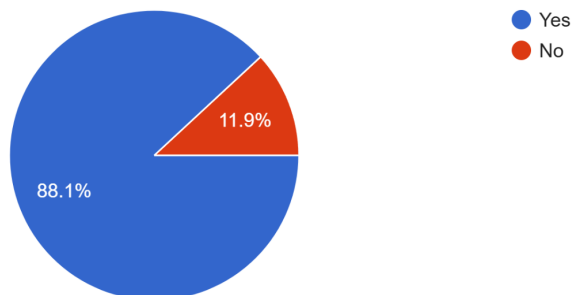
## Question Results



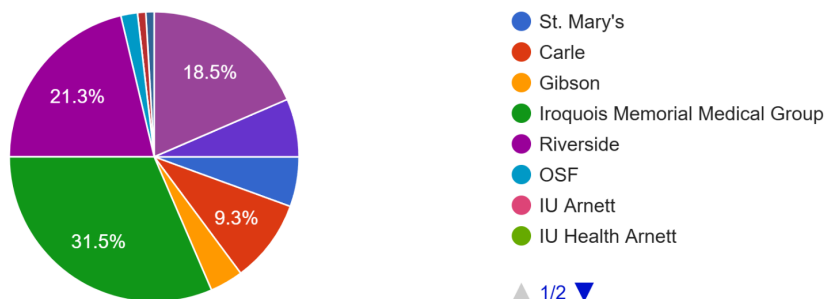
### Household Income



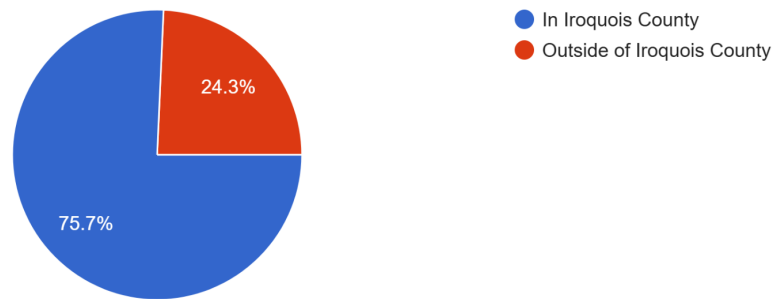
### Do you have a primary care physician?



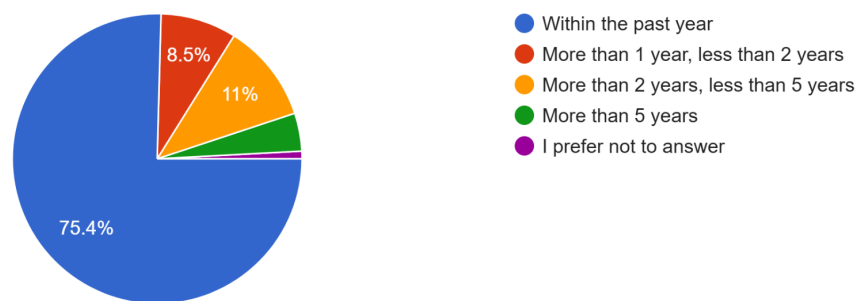
### If yes, what clinic / hospital does your primary care physician practice within?



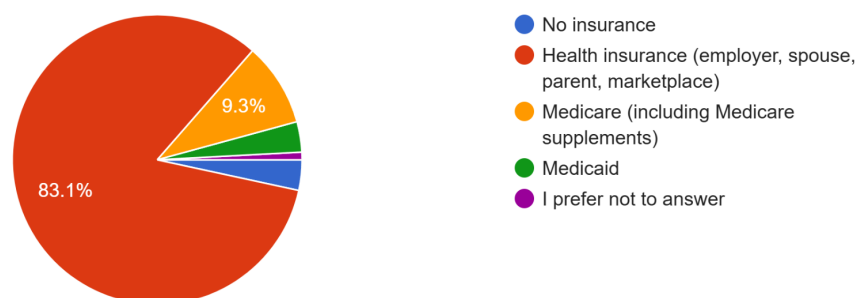
Where is your primary provider located?



How long has it been since you had a routine check-up at a doctor's office?



How do you pay for healthcare?



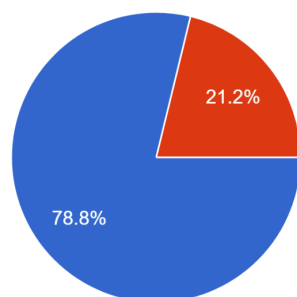


# LOCAL SURVEY ASSESSMENT

## Question Results

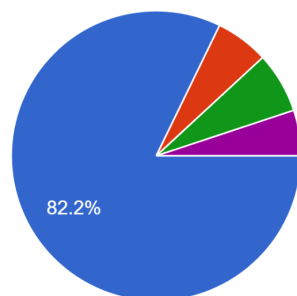


Do you see a dentist on a routine basis?



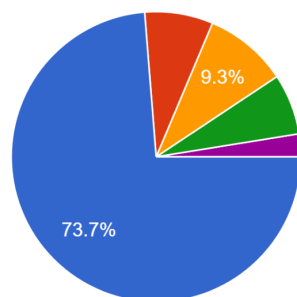
- Yes
- No

Where do you go for dental services?



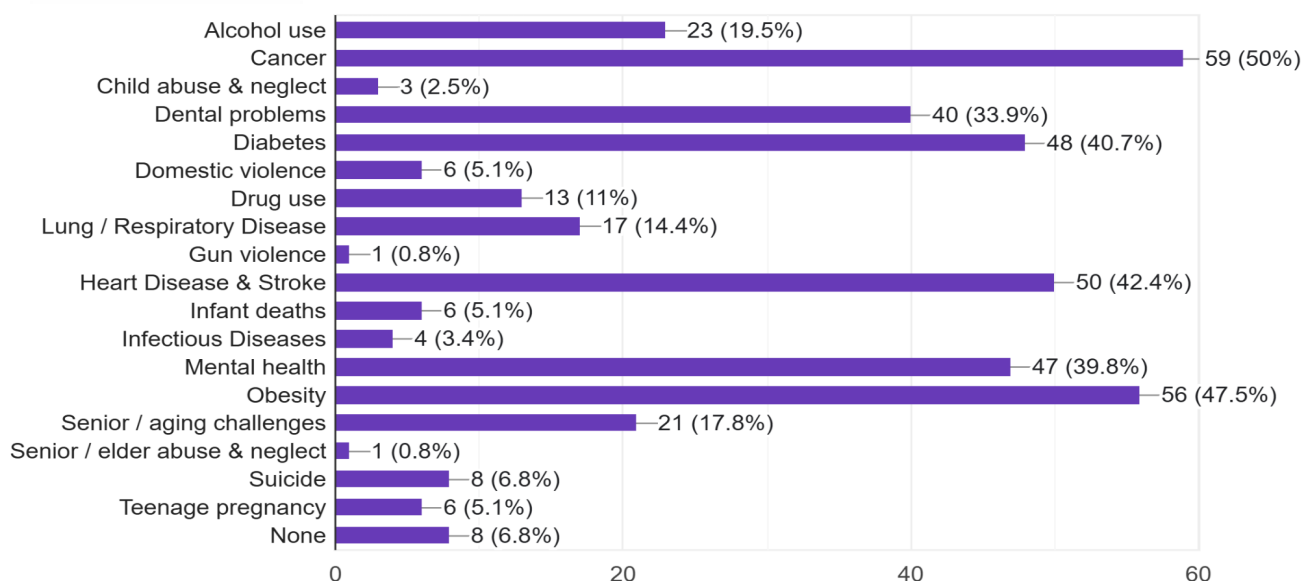
- Private dentist
- I do not go to a dentist
- Emergency Room
- Other
- I prefer not to answer

How long has it been since you have seen a dentist?

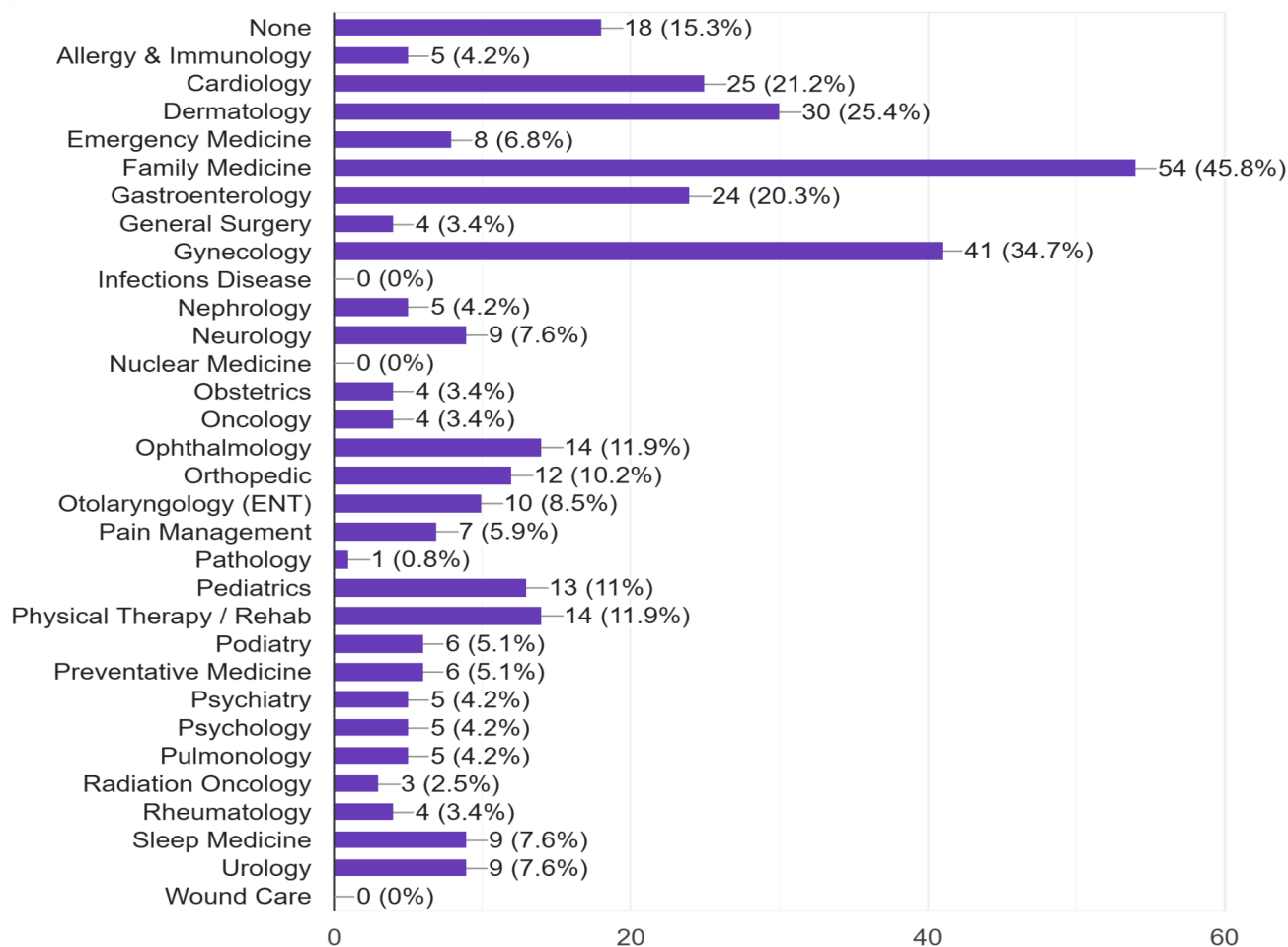


- Within the last year
- More than a year, but less than 2 years
- More than 2 years, but less than 5 years
- More than 5 years
- I prefer not to answer

Have you or a family member been affected by any of these: (select all that apply)



What specialists do you currently use? (Select all that apply)

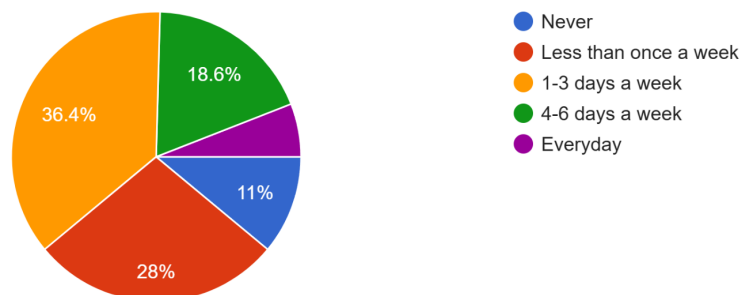


# LOCAL SURVEY ASSESSMENT

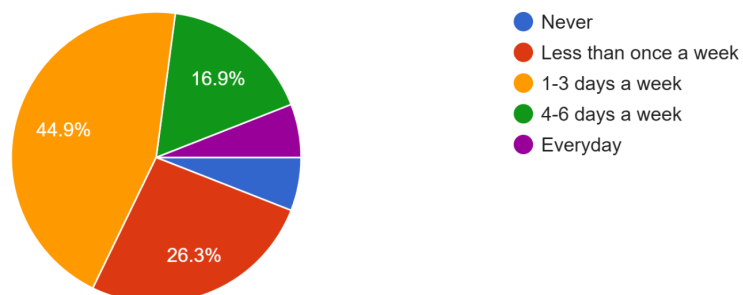
## Question Results



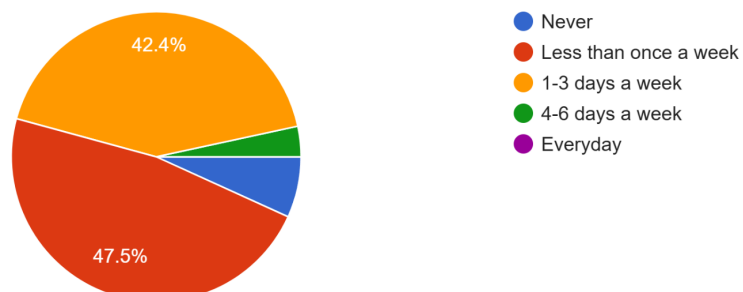
How many days do you exercise for at least 30 minutes?



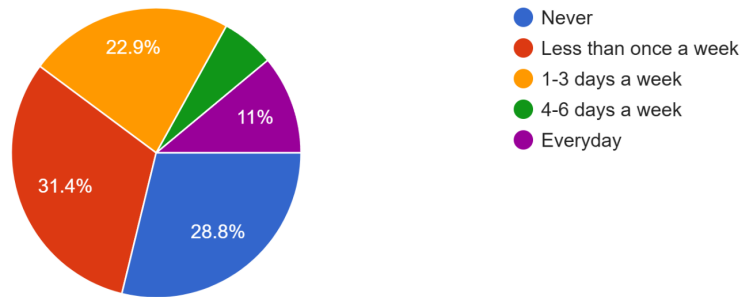
I eat at least 5 servings of fruits & vegetables a day



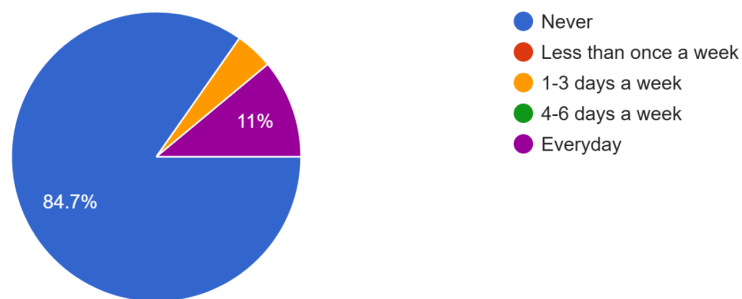
How many days do you eat fast food?



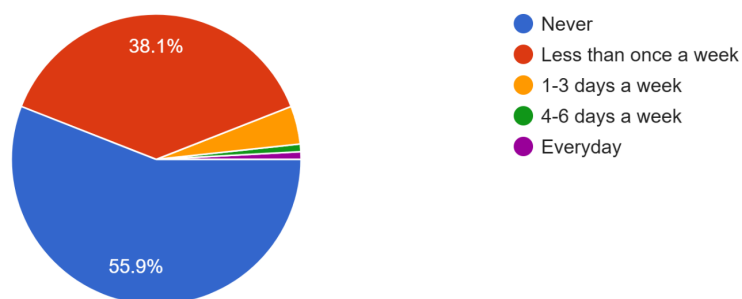
I drink more than 1 sugary drink a day (soda, sweet tea, etc)



I smoke, chew tobacco, or use e-cigarettes



How many days do you drink more than 4 alcoholic drinks?

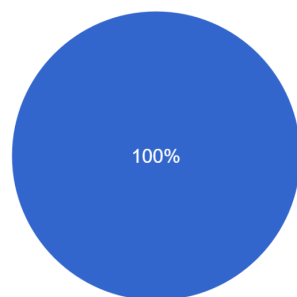


# LOCAL SURVEY ASSESSMENT

## Question Results

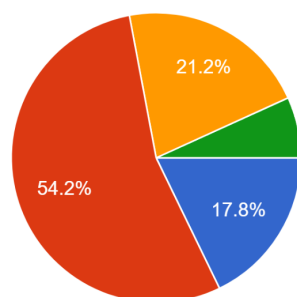


I use illegal drugs



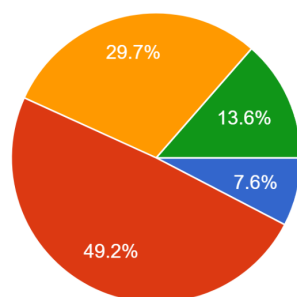
- Never
- Less than once a week
- 1-3 days a week
- 4-6 days a week
- Everyday

I am satisfied with my access to health care in Iroquois County



- Strongly agree
- Agree
- Disagree
- Strongly Disagree

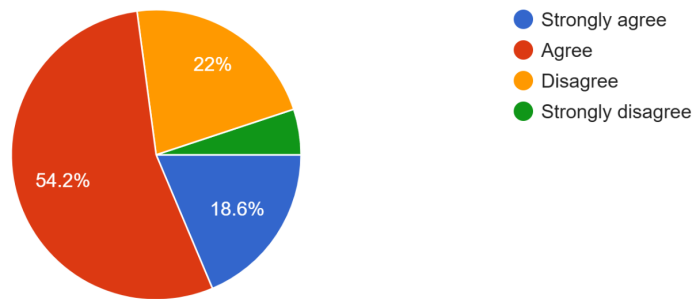
I am satisfied with the cost of my health care in Iroquois County



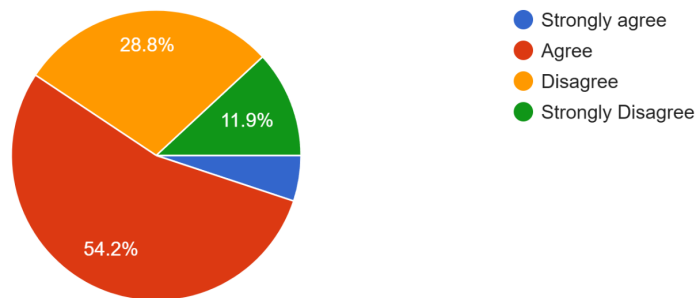
- Strongly agree
- Agree
- Disagree
- Strongly Disagree



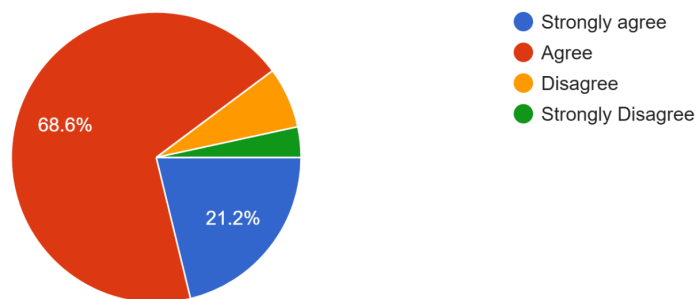
I am satisfied with the quality of my health care in Iroquois County



I am satisfied with my access to affordable dental care in Iroquois County



Iroquois County is a good place to raise children

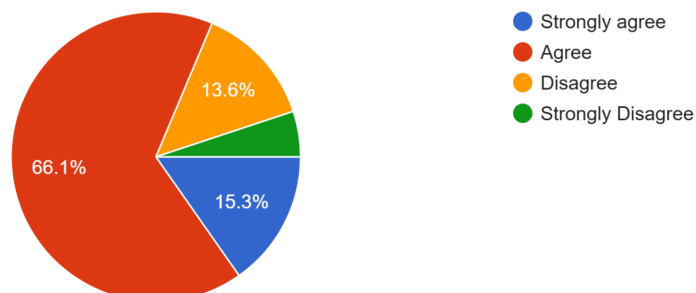


# LOCAL SURVEY ASSESSMENT

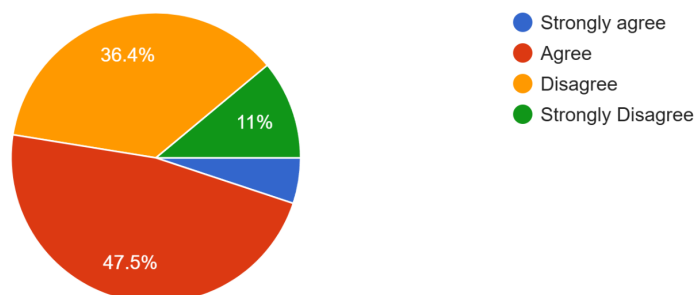
## Question Results



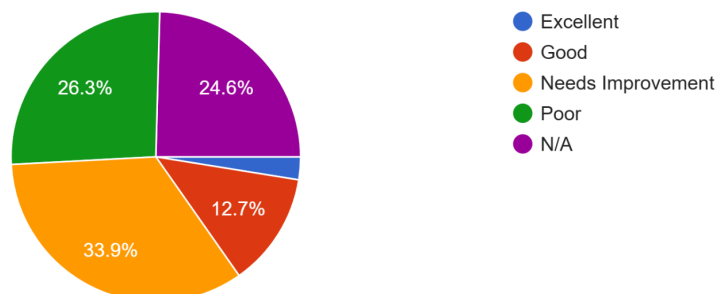
Iroquois County is a good place to grow old



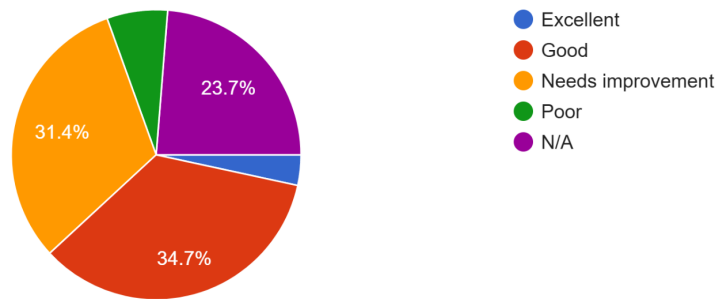
Iroquois County is a racially, ethnically, and culturally diverse place to live



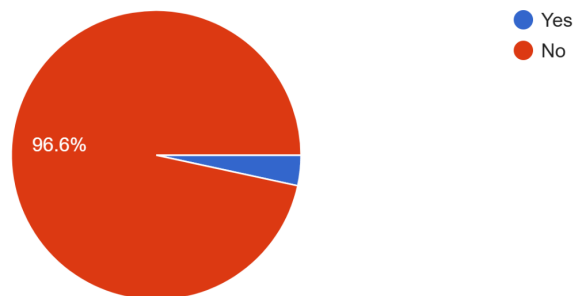
Access to public transportation



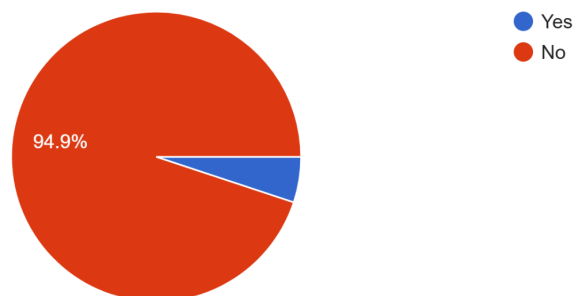
### Wheelchair accessibility



Within the past 12 months, have you had to stay in one of the following places due to not having a place to live? (Outside, in a car, in a tent, in an overnight shelter, or temporarily in some else's home)



Are you worried about losing your housing?

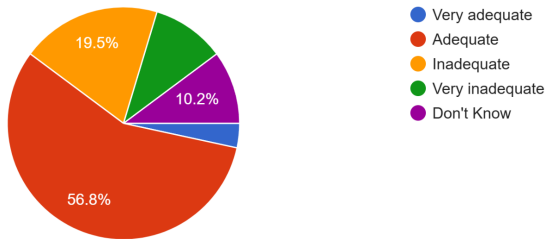


# LOCAL SURVEY ASSESSMENT

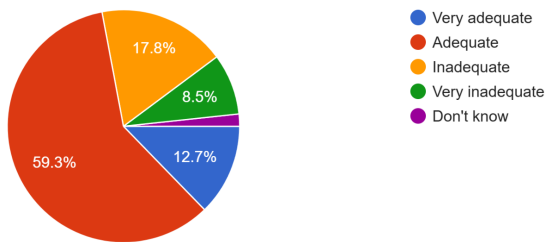
## Question Results



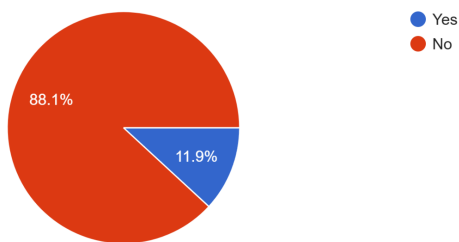
Employment / Ability to find jobs



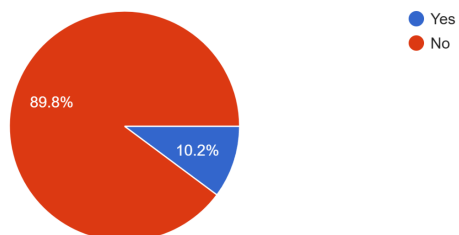
Ability to pay for basic needs (i.e. food, clothing, etc)



Within the past 12 months, has the food you bought not lasted and you didn't have money to get more?



Within the past 12 months, has the electric, gas, oil, or water company threatened to shut off services in your home?



## NEED IDENTIFICATION AND Prioritization

Reconciliation of Primary Source Information with Secondary Data The facilitated primary information gathering process resulted in the discovery of issues subsequently prioritized during discussion by participants and repetition among groups to a list of concerns largely common to the overarching categories of mental health services, including prevention of substance abuse and access to mental health are for the uninsured and underinsured, diabetes, and obesity. The areas chosen were consistent with the needs of the need identified from the secondary information collected and observed.



## SYNTHESIZED Secondary Data

**Focus Group #1 - Iroquois Memorial Board of Directors**

**Focus Group #2 – Executive Team**

**Focus Group #3 – IMH Administrative Team**

These groups discussed a wide variety of health needs and health-related concerns in several general categories, including:

- Specialty Services
- Community Wellness
- Mental Health Issues
- Women's Health

**With a focus on these specialized categories:**

- Ambulance
- Cancer
- Cardiology
- Dermatology
- Nephrology
- Pediatrics
- Access to Care
- Elderly Care
- Underserved
- Obesity
- Transportation
- Drug and Alcohol Programs
- Med Spa





## SUMMARY OF FINDINGS AND Recommendations

The items set forth below are those which found consistent identification and, ultimately, prioritization in the primary information gathering process and which are supported by the secondary information related to demographics and health status.

## IMPLEMENTATION Strategy

The Identification of the Needs of the Community that we serve and Prioritization Findings and Recommendations have been used to create an action plan to achieve success in health and wellness.

### PRIORITY 1

## Specialty Service Expansion

IMH's focus is to better serve families in our community and grow our specialty services. The goal is to evolve into a comprehensive "one-stop shop" for patients of all ages-offering primary care, pediatrics, behavioral health, gynecology, women's health, cardiology, and other specialty services under one coordinated system. This continued growth will not only strengthen access to care, but also enhance continuity and patient satisfaction, aligning with IMH's broader mission of delivering compassionate, community-based healthcare.

## PRIORITY 2

# Emergency Services

IMH recognizes the disparities in access to Emergency Services in rural areas and understands the importance of mitigating the effects of geographical and limited resource challenges for the communities served. With initiatives in recruitment efforts in response to ongoing industry and rural staffing shortages, the role of Emergency Medical Technicians and Paramedics will continue to evolve within the Emergency Department of the hospital. Efforts will be focused on dedicated urgent hospital-to-hospital ambulance transports for higher level of care after providing immediate medical intervention and stabilization to ensure continuity from the most appropriate receiving facility according to the needs of the individual patient. Strategic Planning priorities include supporting local 911 and EMS services with a hospital-based ambulance service staffed with qualified personnel 24/7.

## PRIORITY 3

# Community Wellness

IMH is committed to increasing wellness care access in our rural communities by encompassing an integrated approach that extends beyond acute medical services to address long-term health outcomes and quality of life. Given the heightened prevalence of chronic conditions such as obesity and the barriers many rural residents face in accessing fitness opportunities and nutritious foods, IMH is planning to increasingly consider or adopt programs that combine clinical care with preventive and lifestyle-focused interventions. These may include structured fitness and weight management programs, nutrition counseling, and initiatives aimed at improving access to high-quality foods. In addition, complementary services such as massage therapy, spa treatments, and elective procedures like Botox are other options to consider that can be incorporated to promote overall well-being, stress reduction, and self-confidence. By aligning traditional health services with wellness-oriented care, IMH is striving to develop a more comprehensive model that addresses both medical needs and the broader determinants of health within our communities.

## RESOURCE

# Inventory

IMH offers a wide range of services and care to portions of five counties in Illinois and Indiana. The hospital provides general medical and surgical care for inpatient, outpatient, IMH Satellite Clinic patients, emergency room patients, and participates in the Medicare and Medicaid programs.

### SERVICES INCLUDE:

#### DIAGNOSTIC SERVICES

- Laboratory
- Medical Imaging
- Respiratory Therapy

#### OUTPATIENT SERVICES

- Business and Industry Services
- Cardiopulmonary Rehab
- Iroquois Home Health
  - Cardiac And Post-Operative Care
  - Care Of The Terminally Ill
  - Catheter Care/Injections
  - Complex Teaching
  - IV Therapy/Picc Lines
  - Diabetic Management
  - Disease Management
  - Extensive Wound Care/Dressings
  - Internal Nutrition (Feeding Tubes)
  - Ostomy Care Education
  - Pediatric Care
  - Phototherapy
- Iroquois Memorial Hospice
- Medical Transport Van (Non-Emergency)
- Nutrition Counseling

- Primary Care
  - Gilman Clinic
  - Kentland Clinic
  - Milford Clinic
  - Multi-Specialty Clinic
  - St. Anne Clinic
- Rehab Services
  - Occupational Therapy
  - Pediatric Occupational Therapy
  - Pediatric Physical Therapy
  - Pediatric Speech Therapy
  - Physical Therapy
  - Speech Therapy
  - Work Conditioning

#### CLINICAL SERVICES

- 24-Hour Emergency Department
- Anesthesiology
- Crisis Intervention
- Infection Control
- Intensive Care and Telemetry
- Medical Imaging
- Pathology
- Pharmacy
- Prompt Care
- Surgery
- Swing Bed Program

## SPECIALTY CLINICS

- Gastroenterology
- Gynecology
- Oncology
- Orthopedic Surgery
- Otolaryngology (ENT)
- Pain
- Podiatry
- Urology
- Wound Care

## RESIDENT HOME

- 24-Hour Licensed Skilled Nursing Care
- 24-Hour Emergency Medical Care Available With Attached Hospital
- Access to Routine Medical Care and Specialty Care Without Leaving the Iroquois Memorial Hospital Campus Including:
  - Laboratory
  - MRI
  - X-Ray Services
  - Specialty Clinic
  - Chemotherapy

- A Full Schedule Of Activities
- Care Conferences
- Hospice Care
- Individualized Care Plans
- Intravenous Therapy
- Medicaid Certified
- Medicare Certified
- Occupational Therapy
- Open Visiting Hours
- Physical Therapy
- Resident Choice Menu Planning
- Respiratory Therapy
- Respite Care
- Social Services
- Special Diet Accommodations
- Speech Therapy
- Wheelchair Accessible Van
- Wound And Ostomy Care

## AREA

# Health Physicians

## PHYSICIAN

Anthony Dowidowicz, MD  
Prince Duru, MD  
Tyler Egbert, MD  
Zachary Iles, MD  
Brian Kuchoy, MD  
Robert Joseph Marshall, MD  
Danielle McGee, MD  
Darragh O'Connor, MD  
Seth Perry, MD  
Kamran Rafiq, MD  
Andrew Reiter, MD  
Dinesh Shah, MD  
Joshua Vance, DO  
James Wakefield III, MD  
Dionte Wiggins, MD  
Thomas O'Connor, MD  
David Sutherland, MD  
Hytham Beck, MD  
Daniel Chase, MD  
Mohannad Rajjoub, MD  
Roger Taylor, MD  
Alex Michalow, MD  
James J. Murphy, MD  
Jonathan Glickstein, MD  
Thomas Betlej, MD  
Mark Pool, MD  
Noman Siddiqui, MD  
Austin M. Chinn, DPM  
Catalino Bautista, MD  
Crisanto Reyes, MD  
Teresita Torres, MD, FAAFP  
John Tricou, MD

## SPECIALTY

Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Emergency Medicine  
Gastroenterology  
Gastroenterology  
General Surgery  
General Surgery  
Gynecology  
Gynecology  
Orthopedic Surgery  
Orthopedic Surgery  
Otolaryngology  
Pathology  
Pathology  
Pathology  
Podiatry  
Primary Care  
Primary Care  
Primary Care  
Radiology







## ALLIED Health Providers

### PHYSICIAN

Peter Pollachek, MS, CRNA, NSPM-C, APRN

Daniel Connolly, CRNA

Jennifer Hagen, CRNA

Todd Langellier, CRNA

Renee Madewell, CRNA

Bronson Taylor, CRNA

Shawna Waterstrodt, CRNA

Cassandra Chaplinski, MSN, APRN, FNP-C

Susan Hanson, FNP-BC

LaRee Shule, APN, FNP-BC

Chelsea Wichtner, FNP-BC

Beth Gomez, NP

Diana Kaufman, CNP, FNP

Danielle Keller, NP

Brooklyn O'Dell, NP

Becky Prusakiewicz, FNP-BC

Michelle Moore, PA-C

Jennifer Grant, RA

### SPECIALTY

Anesthesia

Certified Registered  
Nurse Anesthetist

Certified Registered  
Nurse Anesthetist

Certified Registered  
Nurse Anesthetist

Certified Registered  
Nurse Anesthetist

Certified Registered  
Nurse Anesthetist

Certified Registered  
Nurse Anesthetist

Family Practice

Family Practice

Family Practice

Family Practice

Nurse Practitioner

Nurse Practitioner

Nurse Practitioner

Nurse Practitioner

Nurse Practitioner

Physician Assistant

Radiology

## CENTERS AND Clinics

ARC of Iroquois County  
700 E. Elm Street  
Watseka, IL

Iroquois County  
Public Health Department  
1001 East Grant Street  
Watseka, IL

Iroquois Memorial Hospital  
Gilman Clinic  
508 E. Crescent  
Gilman, IL

Iroquois Memorial Hospital  
Kentland Clinic  
303 N. Seventh Street  
Kentland, IN

Iroquois Memorial Hospital  
Milford Clinic  
34 E. Jones Street  
Milford, IL

Iroquois Memorial Hospital  
Multi-Specialty Physicians  
200 E. Fairman Avenue  
Watseka, IL

Iroquois Memorial Hospital  
Specialty Clinic  
200 E. Fairman Avenue  
Watseka, IL

Iroquois Mental Health Center  
323 W. Mulberry Street  
Watseka, IL

## SENIOR Care

Creekside Prairie Independent Living  
510 A Prairie Lane  
Cissna Park, IL

Gilman Nursing Home  
1390 S. Crescent Street  
Gilman, IL

Heritage Woods of Watseka  
577 Martin Avenue  
Watseka, IL

Iroquois Resident Home  
200 E. Fairman Avenue  
Watseka, IL

Kingdon Gardens Assisted Living  
819 W. Lafayette Street  
Watseka, IL

La Bella of Clifton  
1190 E. 2900 North Road  
Clifton, IL

Prairie View Lutheran Home  
403 N. Fourth Street  
Danforth, IL

Arcadia Care of Watseka  
715 E. Raymond Road  
Watseka, IL

George Ade Memorial Health Care  
3623 Indiana 16  
Brook, IN

# Community Resources

## FOOD INSECURITY

- Within the past 12 months, has the food you bought not lasted and you didn't have money to get more?
  - Many people and families struggle with food insecurity. Since so many struggle with food insecurity there are many resources available.
- Below is a list of programs that can help depending on where you live:
  - Backpack Program
    - ◊ This is a program that assists families with food insecurity during weekends and school breaks. Ask your child's school if they offer this program.
  - Food banks and food pantries
- Food banks have a supply of food that they give out through organizations. Food pantries are usually located in the local churches.
- **Illinois Food Pantries**
  - First United Methodist Church Food Pantry 301 S. 4th St, Watseka, IL 60970 (815) 432-0122
  - The Bread Basket Food Pantry 121 W. Walnut St, Watseka, IL 60970 (815) 450-1461
  - Martinton Community Food Pantry 213 Thomas St, Martinton, IL 60951
  - Sheldon Area Food Pantry 107 N 4th St, Sheldon, IL
  - G.O.D.'s Food Pantry 116 N Thomas St, Gilman, IL 60938
  - Clifton Community Food Basket 100 S Maple St, Clifton, IL 60927
- **Indiana Food Pantries**
  - The Pantry at Covenant Federated Christian 612 6th St, Kentland, IN 47951 (219) 474-5813
  - Faith Harvest Food Pantry 223 E State St, Morocco, IN 47963 (219) 285-2691
  - Remington Food Pantry 1 N. Ohio Street Remington, IN 47977 219-274-6426
  - Lafayette Urban Ministry Protein Food Pantry 6th Street between Ferry & North Streets, Lafayette, IN
  - Lafayette Urban Ministry 333 Meridian Street, West Lafayette, IN
  - Open Arms Food Pantry 209 US 52 West Fowler IN 47944
- Iroquois Memorial Hospital Community Vegetable Garden (Seasonal)
  - Iroquois Memorial Hospital has a vegetable stand during the spring and summer for anyone who struggles with food insecurity and needs healthy options. This is located in front of 850 S. 4th St. Watseka, IL 60970.
- National School Lunch Program
  - Check with your child's school if they offer reduced price or free lunches to the children.
- School Breakfast Program
  - Check with your child's school if they offer reduced price or free breakfasts to the children.
- SNAP (Supplemental Nutrition Assistance Program)
  - This program provides electronic benefits to low-income people and families to assist them with buying food.
  - Illinois - (800) 843-6154
  - Indiana - (800) 403-0864

- Soup kitchens
  - They provide reduced price or free meals to those in need. These are usually done by churches or other organizations.
- Summer Food Service Program
  - This program provides meals for children during their summer break. Check with your child's school to see if they offer this program.
- WIC (Special Supplemental Nutrition Program for Women, Infants, and Children)
  - This program provides services, such as education on nutrition, counseling and support, breastfeeding support, access to nutritious foods, health screenings, and referrals to other services for low-income pregnant women/mothers, infants, and children up to the age of 5. The services are usually offered through hospitals, local health departments, and schools.
  - Illinois WIC
    - Ford County  
711 E Pells St Paxton, IL 60957  
(217) 579-1087
    - Kankakee County
      - ◊ The Kankakee County Health Department WIC program offers both walk-in and appointment options for one-on-one sessions, online modules that can be completed at home, and interactive group classes.
      - ◊ Call the Kankakee County Health Department at (815) 802-9400 to make a WIC appointment.  
2390 W Station St, Kankakee, Illinois 60901
    - Vermilion County  
200 South College Street, Suite A Danville, IL 61832  
(217) 431-2662
    - Indiana WIC
      - ◊ Benton County  
105 South Howard Oxford, IN 47971  
(765) 385-0623
      - ◊ Jasper County  
206 W. Washington St. Rensselaer, IN 47978-2625  
(219) 866-8662
      - ◊ Newton County  
Newton County Government Center 4117 S 240 W Morocco, IN 47963  
219-285-6080

## HOUSING INSTABILITY

- Within the past 12 months, have you ever stayed: outside, in a car, in a tent, in an overnight shelter, or temporarily in someone's home? Are you worried about losing your housing?
  - Housing instability comes with a lot of challenges, such as difficulty paying rent, having to move often, living in unsafe conditions (places with health and safety risks like mold, poor heating/cooling systems, vermin, water leaks, etc.) due to needing cheaper housing, or the majority of your income going to housing. All of these factors can have a negative impact on your health and your access to healthcare.

- Below is a list of local resources for homelessness:
- **Illinois Resources**
  - Emergency Red Cross (217) 431-5600
  - Public Safety Building Danville - 1 night voucher
  - Emergency Services/Homelessness Prevention (815) 933-7791 (Catholic Charities)
    - ◊ Gift of God Street Church Homeless Shelter-Soup Kitchen (815) 507-6603
      - 660 N. 5th Ave. Kankakee, IL 60901
  - C-U at Home (217) 819-4569
    - 309 S. Neil St. Champaign, IL 61820
    - Hours: 9AM-5PM Monday through Friday
  - Salvation Army Shelter (815) 933-8421
    - 148 N. Harrison Ave. Kankakee, IL 60901
    - Hours: 9AM-5PM Monday through Thursday, 9AM-1PM on Friday
  - United Way of Kankakee and Iroquois Counties (815) 932-7476
    - 200 E Court Street Suite 500 Kankakee, IL 60901
    - Their office is located in the Executive Centre, the same building as Kankakee Public Library
  - Life Church - Gilman (815) 265-4888 • Sometimes works with Trinity Church in Watseka.
  - Living Hope Church - Watseka (815) 432-4211 • Sometimes works with Trinity Church in Watseka.
  - Trinity Church - Watseka (815) 432-4070
- **Indiana Resources**
  - American Red Cross - Indiana (765) 742-6975 • 615 N 18th St, Lafayette, IN 47904
  - Family Promise of Greater Lafayette (765) 838-3651 • 2010 Elmwood Avenue Lafayette IN 47904
    - ◊ Family Promise of Greater Lafayette, Inc. is a homeless shelter for families with children under 18 years of age.
    - ◊ Families must be residents of Tippecanoe or the surrounding counties and must pass a criminal background check.
    - ◊ The program has the capacity for up to five families at one time and a family can stay for no more than 45 days.
    - ◊ Adults are given assistance with job searching, career building, and case management to help obtain stable housing.
  - Fuller Center for Housing Jasper County (219) 225-2539
  - Indiana Inside Claussen Equipment, 1531 N McKinley Ave, Rensselaer, IN 47978
  - Lafayette Urban Ministry (765) 423-2691 • 420 N 4th Street, Lafayette IN 47901-2213
  - Salvation Army-Kentland (219) 474-6225
  - Trinity United Methodist Church 302 N Second Street Kentland, IN 47951



## TRANSPORTATION NEEDS

- Do you have difficulties with transportation?
  - Transportation difficulties have a direct impact on our access to:
    - ◇ Health care services
      - Not having reliable transportation can cause you to miss or delay your healthcare appointments, which can ultimately lead to poorer health outcomes overall.
    - ◇ Education
      - Lack of transportation can also affect your education causing you to be late or to miss your classes, which can cause multiple negative outcomes, such as inability to secure a job due to not having the required education.
    - ◇ Food
      - Not having transportation can cause problems with being able to get food and it can affect your access to healthier foods, which can also lead to poorer health outcomes overall.
    - ◇ Jobs
      - Transportation plays a major role in being able to have or hold a job, which dramatically affects household income.
    - ◇ Social commitments
      - Lack of transportation can affect social arrangements, such as visiting with family and friends. Missing these social events can cause a feeling of isolation leading to poor mental/physical health outcomes.
- Below is a list of local resources for transportation:
  - **Illinois Resources**
    - ◇ Illinois Department on Aging Benefit Access Program
      - Offers two benefits for seniors and persons with disabilities
      - Seniors Ride Free Transit Benefit
      - Persons with Disabilities Ride Free Transit Benefit
      - Secretary of State License Plate Discount
      - For information or help with applying:
        - Visit a local office of the Senior Health Assistance Program or Area Agency on Aging.
        - Call toll-free: 1-800-252-8966. For deaf and speech-impaired communication over the telephone, dial Illinois Relay at 711. (Have your social security number ready when you call.)
        - E-mail: [Aging.ILSenior@illinois.gov](mailto:Aging.ILSenior@illinois.gov)
    - ◇ Senior Volunteer Services by Iroquois County Illinois
      - Their senior volunteer services include Services include:
      - Transportation
      - Information and referral help
      - Home care services: chores, laundry, grocery shopping, meal preparation, personal care assistance
      - Call 815-432-5785
    - ◇ Ride United - United Way
      - Call 211 for more information.

- **Indiana Resources**

- ◇ Benton County Transportation

- Area IV Transit provides demand response, curb-to-curb, and advance reservation transportation service within Benton County. Door-to-door service is also available upon request for those needing reasonable assistance beyond the curb.
    - Call 48-hours in advance to reserve transportation.
    - All Medicaid clients wanting to schedule medical trips must do so by calling Verida at 1-855-325-7586, option 1.
    - For all non-Medicaid trips, please call Area IV 765-447-7683, option 2 to schedule your trip.

- ◇ Jasper County Community Services, Inc.

- You can reserve your ride up to 1 week in advance for a pick up and drop off location in Rensselaer by calling (219) 866-8071.
    - You can reserve your ride up to 1 week in advance for a pick up and/or drop off in DeMotte or Wheatfield by calling (219) 987-7909.

- ◇ Newton County Community Services, Inc. - Public Transportation

- Provides curb-to-curb transportation services to medical and non-medical appointments within 120 miles of Morocco for Newton County persons in need. Out of state trips not permitted.

- All transportation services are based on driver availability; advance scheduling is required.

- (219) 285-2246
        - 102 East State Street Morocco IN 47963

- ◇ Tippecanoe County Transportation

- Call 48-hours in advance of need of transportation.
    - Transportation provided for medical trips.
    - All Medicaid clients wanting to schedule medical trips must do so by calling Verida at 1-855-325-7586, option 1.
    - Donation based trip please call Area IV 765-447-7683, option 2 to schedule your trip.

## UTILITY DIFFICULTIES

- In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?
  - Inability to pay utilities impacts one's health and the safety of one's living environment.
- Below is a list of local resources for utility difficulties
  - Low-Income Home Energy Assistance Program (LIHEAP)
    - ◇ This is an application that provides financial assistance for eligible families struggling to pay home heating bills.

- ◊ **Illinois**
  - For additional information call Help Illinois Families call center at 1-833-711-0374.
- ◊ **Indiana**
  - 317-232-7777
- Low-Income Household Water Assistance Program (LIHWAP)
  - ◊ This is an application that provides financial assistance for eligible families struggling to pay water and sewer bills.
    - **Illinois**
      - (833) 711-0374
    - **Indiana**
      - (800) 872-0371 (Inside Indiana Only)
      - (317) 232-7777
- Community Services Block Grant Program (CSBG)
  - ◊ They provide services such as:
    - Rental/Mortgage assistance
    - Food assistance
    - Water/Sewer Payment assistance
    - Employment Training/Placement
    - Financial Management
    - Temporary Shelter
- Each agency provides local programs and services based on the community needs. If there is a particular service that is not directly provided by your local Community Action Agency, they will refer you to one of their partners for further assistance.
- Contact Information:
  - ◊ **Illinois**
    - Iroquois County:
      - 219 N. Central Street Gilman, Illinois 60938
      - Telephone: 815-707-5001\*
      - Hours of Operation: 8:00 a.m. - 3:30 p.m., Monday through Friday
    - Ford County:
      - 101 W. Ottawa Road Paxton, Illinois 60957
      - Telephone: 217-497-2979\*
      - Hours of Operation: 8:00 a.m. - 3:30 p.m., Monday through Friday
    - Vermilion County:
      - 56 North Vermilion Street P.O. Box 1335 Danville, Illinois 61834-1335
      - Telephone: 217-554-9100\*
      - Hours of Operation: 7:30 a.m. - 4:30 p.m. Monday through Friday
    - Website: [www.comaction.org](http://www.comaction.org)

◇ **Indiana**

- Tina Darling - Community Programs Manager Indiana Housing and Community Development Authority 30 S. Meridian Street, Suite 900 Indianapolis, IN 46204
- Phone: 317-234-7143
- Email: csbg@ihcda.in.gov

## INTERPERSONAL SAFETY

- Do you have any thoughts of harming yourself? Are you fearful of anyone close to you?
  - Lack of interpersonal safety impacts you physically and emotionally and can increase the likelihood of:
    - ◇ Anxiety
    - ◇ Depression
    - ◇ Post-traumatic stress disorder (PTSD)
    - ◇ Suicidal thoughts/attempts
    - ◇ Physical injuries
    - ◇ Chronic conditions
    - ◇ Substance abuse
    - ◇ Sexually transmitted and other infectious diseases
    - ◇ Death
- Below is a list of local resources for interpersonal safety concerns:
  - **Illinois Resources**
    - ◇ Iroquois Mental Health Center
      - 323 W Mulberry St Watseka, IL 60970
      - Assists with mental health and substance use disorders.
    - ◇ Clove Alliance for HOPE & HEALING - Iroquois Sexual Assault Services
      - 1801 N. State Route 1, Suite 3 Watseka, IL 60970
      - Phone: (815) 432-2779
      - Provides services for sexual assault victims and their significant others. They serve Iroquois and Kankakee Counties.
    - ◇ Kankakee County Coalition Against Domestic Violence
      - PO Box 1824 Kankakee, IL 60901
      - Phone: (815) 932-5814
      - TTY: (815) 932-5800
      - 24-hour hotlines: (815) 932-5800
      - Fax: (815) 935-3551
      - Website: [www.harborhousedv.org](http://www.harborhousedv.org)
      - They provide emergency shelter, counseling, and support services to victims of domestic violence.
    - ◇ Nexus-Onarga Family Healing
      - 110 N Locust St Onarga, IL 60955
      - Phone: (815) 268-4001
      - They provide assistance with mental health.

- **Indiana Resources**

- ◊ 988 Suicide & Crisis Prevention Lifeline
  - Confidential, 24/7 support for those experiencing emotional distress or considering hurting themselves.
  - Call: 988 or (800) 273-TALK(8255)
  - TTY: (800) 799-4889
- ◊ Valley Oaks Health
  - Benton County
    - Case Management
    - Crisis Intervention
    - Crisis Stabilization Services
    - Entitlement Services
    - Gatekeeper Transitional Services
    - Greenleaf
    - Group Therapy
    - Intensive Child & Adolescent Programs
    - Medication Management
    - Office-Based Therapy
    - Psychological Assessment Services
    - School-Based Therapy
    - Substance Use Treatment — Addictions Group Counseling
    - Substance Use Treatment — Relapse Prevention Therapy Group
    - Valley Oaks Health provides comprehensive, high-quality mental health and addiction care to all residents of Jasper and Newton Counties through our office in Rensselaer.
    - 131 West Drexel Parkway Rensselaer, IN 47978
    - 1-866-682-5539
    - 1-866-6VALLEY
  - Jasper & Newton Counties
    - Case Management
    - Child Advocacy Center
    - Crisis Intervention
    - Crisis Stabilization Services
    - Entitlement Services
    - Gatekeeper Transitional Services
    - Greenleaf
    - Group Therapy
    - Intensive Child & Adolescent Programs
    - Medication-Assisted Treatment
    - Medication Management

- Office-Based Therapy
- Psychological Assessment Services
- Substance Use Treatment — Addictions Group Counseling
- Substance Use Treatment — Relapse Prevention Therapy Group
- Valley Oaks Health provides comprehensive, high-quality mental health and addiction care to all residents of Jasper and Newton Counties through our office in Rensselaer.
- 131 West Drexel Parkway Rensselaer, IN 47978
- 1-866-682-5539
- 1-866-6VALLEY
- ◇ Faith East Community Center
  - 5572 Mercy Wy Bldg 1, Lafayette, IN 47905
  - (765) 449-3740
  - Safe Haven Short-term residential home for displaced families due to fire, flood, or domestic violence situations
- ◇ Hope Springs Safe House
  - 500 S. Perry St. P.O. Box 244 Attica, IN 47918
  - (765) 764-5212
  - (765) 585-1750
  - Provides safe emergency and longer-term housing and additional services for adults and children suffering from any form of domestic abuse.
  - Services
    - Shelter
    - Scattered Site Safe Housing
    - Rapid Rehousing
    - Mobile Advocacy
    - Support Group
    - Therapy
    - Case Management
    - Child & Youth Services
- ◇ YWCA Greater Lafayette
  - 624 N 6th St, Lafayette, IN 47901
  - (765) 742-0075
  - YWCA provides services to those in emergency domestic violence situations



## Remarks

The IMH CHNA was conducted in 2025. The process followed IRS guidelines allowing for a more confident focus of effort and resources. IMH is grateful to the Board of Directors Members, its staff, community leaders, and citizens who offered their thoughtful input for the assessment. This report was shared to the Iroquois Memorial Executive Team and the Board of Health in October of 2025 for further revision, updates of changes prior to widespread publication.











200 East Fairman Avenue • Watseka, IL 60970 • 815.432.5841 • [imhrh.org](http://imhrh.org)